

MAXIM

WHAT GUYS WANT

MAXIM
TURNS
SWEET
16

STARRING

Jennifer
Love
Hewitt

Jessica
Alba

Megan
Fox

& More!

Booze Is
Good for You!
and 20 Other
Happy Health
Secrets



Tap to
Play Video!

APRIL 2013 MAXIM.COM

Hello,
It's
Topanga!

Girl Meets World's

**DANIELLE
FISHEL**

Your Lifelong
Crush Answers
the Call
of Booty!

PLUS

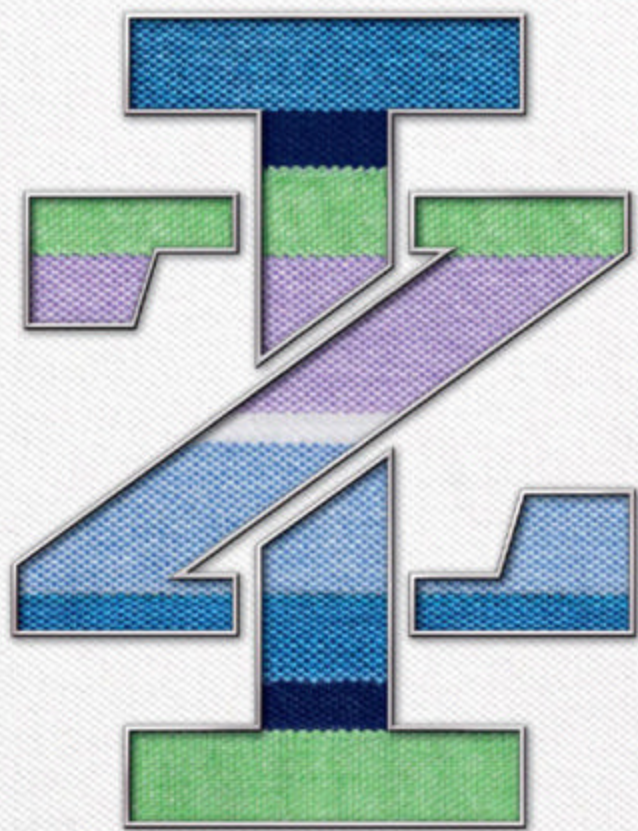
The Ins
and Outs
of Sex
Parties

50 Cent

Steve
Carell

We'll wait while
you high-five
your 15-year-
old self.





IZOD

IZOD.COM



Make any time a great time
with the just-right taste of Bud Light.

IT'S THE SURE SIGN OF A GOOD TIME

HERE WE GO

Contents

APRIL / 2013

PIN-UPS

Your teen crush, *Girl Meets World*'s Danielle Fishel (a.k.a. Topanga), finally poses for *Maxim*; catch the wave of sexy pro surfer Alana Blanchard; *Revolution*'s Daniella Alonso will have your head spinning.

On the Cover

Photograph by Brooke Nipar
Styling, Cat Wennkamp/Artmix Beauty; styling assistants, Dara Schafer and Simran Hayer; hair, Christian Marc/Celestine Agency using Rene Burterer products; makeup, Julie Cuomo; prop styling, Abraham Latham. Cardigan, Chaiken; Lingerie, Elle Macpherson Intimates; Shoes, Fornarina; Jewelry, Justine M Couture. This page: Slip, Studio by La Perla.

43

“Just put on some Notorious B.I.G. and watch me grab my crotch. It’s embarrassing.”

Contents



12 Circus Maximus

A hobbit home made entirely of balloons, 50 Cent faces death, and how to speak fluent *Game of Thrones*. Plus: *Spring Breakers* beauty Ashley Benson has us squeezing into our Speedos.



26 How To

A storm chaser schools us on following tornadoes, an IndyCar driver offers fitness tips, and Dwyane Wade tells you how to make your opponents cry. Oh, and a fool-proof guide to joining the mile-high club.



32 Stuff

Be the toughest mofo on your block with the world's most badass tools, Chevy's most powerful pickup truck ever, and the survival gear that will keep you safe in the likely event of a zombie apocalypse.



38 Style

Take a trip around the world without leaving your closet—it is cozy in there, isn't it?—with a globe-spanning group of trendy transportation-themed tees. The best part? No malaria pills required.



64 Features

Get healthier by drinking and having sex, jump into the ring with a fight club of combat vets, and take in our oral history of the Comedy Central Roast. Also, Steve Carell and April's biggest fools ever!



86 Hot Sauce

Hometown Hotties finalist Jaqueline answers your moronic missives, our office security guard keeps us in line, and an insiders' guide to getting invited to a sex party. (Stay away from the guacamole.)

6 LETTERS
90 CREDITS
96 MAXIM CLASSICS

A M E R I C A N
CREW

Official Supplier to Men

DRIVE
HER
WILD

You can never be sure where your night is going to take you. But when you've got the kind of look that drives her wild, you can be sure it's going to be good. Find your look, your grooming product and your hairstylist at americancrew.com.



Available at professional salons and authorized retailers, including:

Sport Clips HAIRCUTS beautybrands ULTA Great Clips

Winter Wonderland

Our Jan/Feb issue gave you thrills (Katrina Bowden) and spills (the world's most delicious punch recipe).

Buried Alive in Bowden

So as I was going through my old *Maxim* magazines, I happened to find Katrina Bowden's first *Maxim* cover. Does this constitute hoarding? Regardless of which, I was happy the rest of the week. Thanks!

—Hamid Beltré, via e-mail

Glad it made you smile. As fellow hoarders, we know how hard it can be to find true happiness. We're able to experience joy only when we're near our giant pile of used Band-Aids. There's a hug in every scab!

Car Fux

Your Jan/Feb issue includes one of the greatest cars ever: the Buick Grand National. You stated that it came in only one color, black. Well, the 1982 models were charcoal-gray with a light silver-gray Firemist paint added. Now that I caught you, send me my free Grand National.

—Chad Merricle, via e-mail

Of all the 50 shades of gray, we get nailed with Firemist. Damn it. Your car is in the mail.

Punch Drunk Love

In your Jan/Feb issue, there was a "Super Punch Bowl" recipe. Well, I made it for my Super Bowl party, and it was a huge hit! Of course, I'll now be making it for every party.

—Matthew McQuinn, via e-mail

Happy to hear our punch was such a hit. Guess our invite got lost in the mail? We didn't want to go to your stupid party anyway!

Full Brazilian

Is it a coincidence that of the more than 20 women pictured in your Jan/Feb issue, the two hottest (Gabriela Dias and Talita Correa) are from Brazil? I think not. Olé!

—Stan Dec, Ellwood City, PA

Congrats! You have stumbled onto the Illuminati's sexiest secret. Bummer alert: Three hooded men will be showing up at your door to remove your genitals while chanting in Latin. For some reason they think people like that.

YOU HAVE E-MAIL.

We have an in-box. Send your love and hate to: letters@maxim.com



Hotties on Patrol

I just wanted to update you on the great work Melanie Iglesias is doing out here in Afghanistan. Our gun truck really appreciates her company, and she has proven herself a valuable member of the team. Not only does she help me look for IEDs from the turret, but she also cracks some fantastic one-liners that make everyone laugh. Here she is helping me maintain a .50-caliber while we stop at an Afghan army position.

—First Lt. R. OchoCinco, USMC

Forget the guns, Ocho—turn that photo around and watch the bad guys surrender by the thousands. Staysafe, trooper!



Each month MAXIM empties its sack for you.

WE GOT IT IN THE MAIL

Butlers in the Buff Calendar

We're secure enough in our masculinity to admit that receiving a calendar of nude butlers didn't really ruffle our feathers—in fact, we were pretty psyched to have a new place to schedule our mah-jongg meet-ups. However, we do take issue with the integrity of these so-called nude butlers. First off, they're wearing cuffs, collars, and aprons. That's hardly naked. Second, most of these servants are really slacking on the job. The December beefcake, for example, is just chillin' outside, leaning up against a tree. Hey, Mr. December: Grab a rake and put those sexy buns to work! \$16, butlersinthebuff.com

MAXIM



CHIEF CONTENT OFFICER
Dan Bova

CREATIVE DIRECTOR
Paul Scirecalabrisotto

MANAGING EDITOR
Youn Littlefield

DIRECTOR OF PHOTOGRAPHY
Andrea Volbrecht

DEPUTY EDITOR
David Swanson

ENTERTAINMENT DIRECTOR
Patrick Carone

SENIOR EDITOR
Laura Leu

SENIOR ASSOCIATE EDITOR
Stephanie Radvan

ASSOCIATE ART DIRECTOR
David Zamdmer

PHOTO EDITOR
Stacey Pittman

PHOTO RESEARCHER
Clare Thippen

PRODUCTION DIRECTOR
Gustavo Gonzalez

COPY CHIEF
Kenneth Gee

RESEARCH CHIEF
Christian Smith

STYLE EDITOR
Stan Williams

MILITARY ADVISER
Dakota Meyer

WEST COAST

WEST COAST EDITOR
Ruth Hilton

ASSISTANT EDITOR
Julian Stern

MAXIM.COM

EXECUTIVE EDITOR
Nick Lettley

MANAGING EDITOR
Heather Albano

DIRECTOR OF VIDEO CONTENT
Ken Shadford

PHOTO EDITOR
Cory Davis

SENIOR EDITORIAL PRODUCER
Justine Goodman

PRODUCTION EDITOR
Bailey Swilley

ASSISTANT PHOTO EDITOR
Karl Doerner

ASSISTANT EDITOR
Cameron Berkman

EDITORIAL ASSISTANT
Alexa Lyons

PRESIDENT
Ben Madden

CHIEF FINANCIAL OFFICER
Vincent Chanyan

CHIEF OPERATING OFFICER
David Simcox

SENIOR ADVISER
David J. Fishman

PUBLISHER
Sean Flanagan

NEW YORK
Bruce Kostic
(DIRECTOR)

FASHION & ACCESSORIES
SALES MANAGER
Sharon Borowski

EXECUTIVE DIRECTOR,
INTEGRATED SALES
Mark Magnani

DETROIT 248-723-7023
Peter Soad

CHICAGO 312-440-3182
Richard Axel Swedberg
(DIRECTOR)

SOUTHEAST
Ken Farber
ken@maximgroup.com

MID-ATLANTIC
Reese Clepper
reese@cleppermedia.com

NORTHEAST INTEGRATED MANAGER
Robert DeSalvo
robert.desalvo@maximedia.com

DIRECT RESPONSE
Warren Berger
wberger@mediapeople.com

VICE PRESIDENT, INTEGRATED MARKETING
Jennifer Stalman

DIRECTORS, INTEGRATED MARKETING
Colin Surprenant, Matt Ciccone

ART DIRECTORS
Kathy Nestor, Luis Vega

VICE PRESIDENT AND CORPORATE CONTROLLER
Karen Reed

HUMAN RESOURCES DIRECTOR
Arysha Karachopon

DIRECTOR OF ADVERTISING OPERATIONS
Gisele Myer

MANUFACTURING AND
PROMOTIONS DIRECTOR
Jeffrey Dowd

PRODUCTION MANAGER
Navah Meller

PUBLIC RELATIONS DIRECTOR
Annie Imamura

EXECUTIVE ASSISTANT
Nancy Galyon

SENIOR VICE PRESIDENT, DIGITAL
Bill Shaw

ALPHA MEDIA GROUP

EXECUTIVE CHAIRMAN
Jack Kilger

MAXIM WORLDWIDE BRAND LICENSING

INTERNATIONAL PUBLISHING MANAGER
Stephanie Marino

INTERNATIONAL EDITORIAL DIRECTOR
Simon Clays

SENIOR OPERATIONS MANAGER
Pauline Lam

INTERNATIONAL RIGHTS COORDINATOR
Jeff Whitacre

MEDIA NETWORK EDITORS IN CHIEF

ARGENTINA
German Pizab

AUSTRALIA
Sarah Pizzuto

BULGARIA
Hristo Zaprjanov

CZECH REPUBLIC
Pavel Vondracek

GERMANY
Mike Belderson

INDIA
Vivek Pareek

INDONESIA
Ronald Adrian Hutagalung

ITALY
Pablo Geronzi

MEXICO/
LATIN AMERICA
Archi Fobis Diaz Rijo

POLAND
Krzysztof Papiński

PORTUGAL
João Espírito Santo Araújo

RUSSIA
Sasha Malenkov

SERBIA
Dragan Otasevic

SOUTH KOREA
Young Bin Lee

SWITZERLAND
Boris Etter

THAILAND
Sarawong Krasien

UKRAINE
Sasha Malenkov

UNITED KINGDOM
Alpha Media Group

Copyright © 2013 Alpha Media Publishing, Inc. MAXIM® is a registered trademark owned by Alpha Media Group, Inc. All rights reserved.
April 2013 Issue, Volume 17, Number 3. Maxim is published 10 times a year by Alpha Media Publishing, Inc., 415 Madison Avenue, New York, NY 10017. Tel 212-302-2626 Fax 212-302-2633 maximonline.com Canadian GST Registration # R67774580

Subscription inquiries, including address changes: Visit us at maxim.com/customerservice or write to Maxim, PO Box 420706, Palm Coast, FL 32142, or call 386-447-6312



Hurricane Fieri Strikes!

The Super Bowl may be long over, but

the hurlin' that Maxim pal Guy Fieri laid down on our furry little editor lives on. Here the sadistic master chef is at New Orleans' legendary eatery Mahoney's, forcing a six-pack of beer and four po' boys down our chief content officer's gullet. (Don't ask about the content he produced when it was all over.) If you haven't seen it in moving pictures yet, check out the Maxim Half-Time Spectacular at maxim.com or on our Xbox 360 app. Bova isn't the only person who winds up without a shirt!



DON'T FORGET
Download our free
MAXIM MOTION
app and point
your device at her!

Maxim Everywhere

Get busy with us on all corners of the Internet.

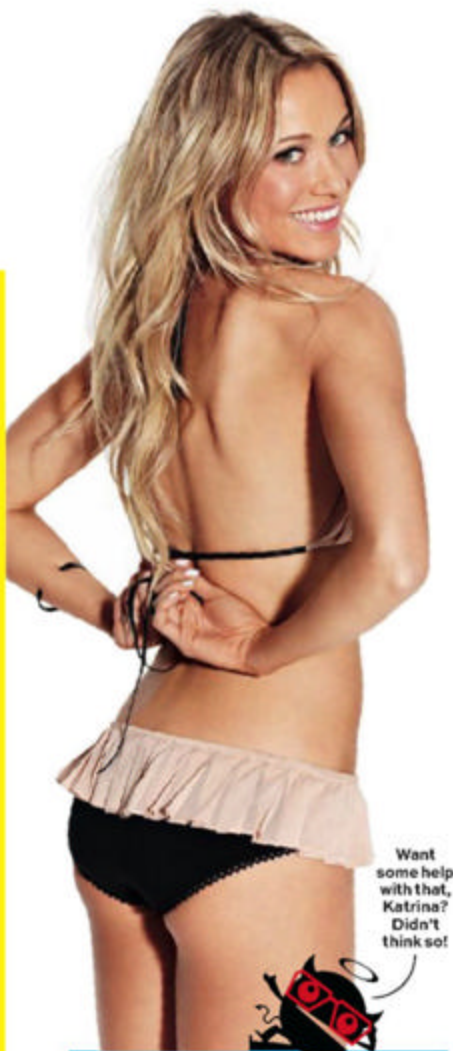
Maxim.com



← April showers bring... great joy. Check out our gallery of smoking-hot ladies who, thankfully, forgot their umbrellas.

→ Dog movie reviews! Our pups stop licking their junk to rate this month's hottest flicks.

→ We preview the baseball season with team predictions. Consider us the Miss Cleo of MLB.



Want some help with that, Katrina? Didn't think so!



Facebook

Like us at [facebook.com/maximmagazine](https://www.facebook.com/maximmagazine) to stay abreast (tee-hee!) of our **cover girls**, contests, and clever commentary. Your stupid *Farm Ville* crops can wait.

Instagram

Follow [@MaximMag](https://www.instagram.com/MaximMag) to see us monkeying around in the office!



Twitter

We tweet-interviewed *Being Human*'s **Kristen Hager**. For more micro Q&As with celebs, follow [@MaximMag](https://twitter.com/MaximMag).



Maxim Magazine @MaximMag
What's the worst pickup line you've ever heard?



Kristen Hager @Kristen_Hager
"Do you believe in love at first sight? Or should I walk past again?" ...On second thought, that may have been the best.

Xbox

Download the *Maxim* app to watch our new series **The Master Chef Lesson**. Celebrity chefs teach you how to make a meal that will impress the pants off your girl. (Keep her away from open flames.)



PROMOTION

MAXIM INSIDER

Get in on these
Maxim-approved events
and promotions!



LOOKING FOR SEXCITEMENT?

Look no further than
Astroglide® Personal Lubricants.
Adding Astroglide can help turn
up the fun in new ways. And
Astroglide X Premium Silicone
allows you play on land and in
the water. See for yourself –
grab a free sample by visiting
astroglide.com/maxim,
you can thank us later.

ASTROGLIDE®
PERSONAL LUBRICANT



Heavenly is for those who are up
for first chair and are still going
strong well after last call. With the
industry's hottest après ski party,
hosted by the gorgeous Heavenly
Angels, you better be ready to go all
in and worry about sleep later.

Head to Heavenly in March for
a chance to catch the action at a
live Maxim photo shoot featuring
this year's Heavenly Angels
Model Search winner!

facebook.com/SkiHeavenly
skiheavenly.com



MAXIMUM WARRIOR



»» CHECK OUT THE ACTION ON:
MAXIM'S XBOX 360 APP AND
MAXIMUMWARRIOR.COM.
PLUS, ENTER FOR THE CHANCE TO
WIN MAXIMUM WARRIOR GEAR!

THANKS TO OUR PARTNERS:

BLACKHAWK!
HONOR. AS A WAY OF LIFE.®



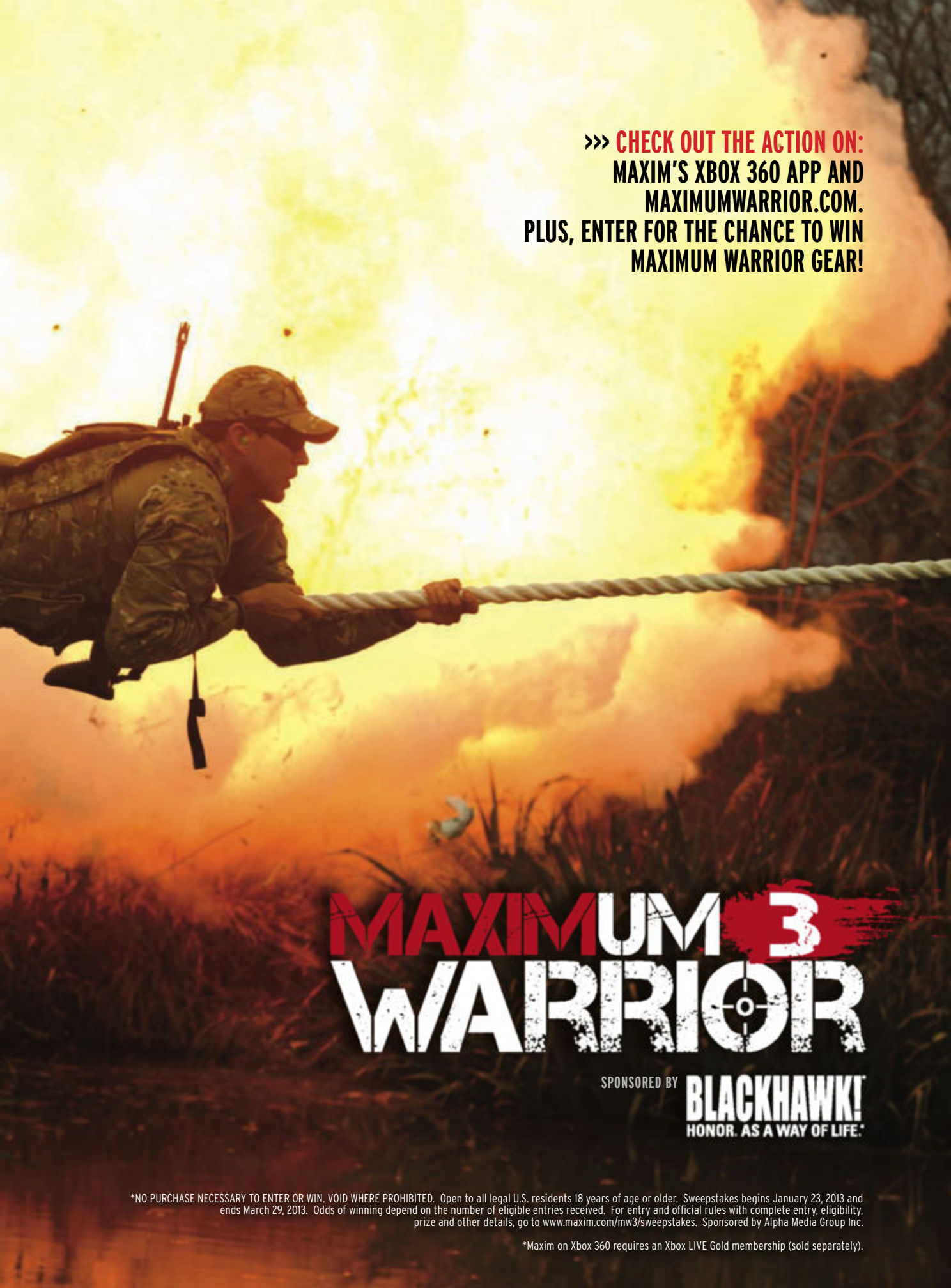
*NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED.
Open to all legal U.S. residents 18 years of age or older. Sweepstakes begins
January 23, 2013 and ends March 29, 2013. Odds of winning depend on the
number of eligible entries received. For entry and official rules with
complete entry, eligibility, prize and other details, go to
www.maxim.com/mw3/sweepstakes. Sponsored by Alpha Media Group Inc.

*Maxim on Xbox 360 requires an Xbox LIVE Gold membership (sold separately).

ADVERTISEMENT

**AMERICA'S MOST
ELITE SPECIAL OPERATORS
COMPETE FOR THE
ULTIMATE TITLE...**





**>>> CHECK OUT THE ACTION ON:
MAXIM'S XBOX 360 APP AND
MAXIMUMWARRIOR.COM.
PLUS, ENTER FOR THE CHANCE TO WIN
MAXIMUM WARRIOR GEAR!**

MAXIMUM ³ WARRIOR

SPONSORED BY

BLACKHAWK!
HONOR. AS A WAY OF LIFE.™

*NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED. Open to all legal U.S. residents 18 years of age or older. Sweepstakes begins January 23, 2013 and ends March 29, 2013. Odds of winning depend on the number of eligible entries received. For entry and official rules with complete entry, eligibility, prize and other details, go to www.maxim.com/mw3/sweepstakes. Sponsored by Alpha Media Group Inc.

*Maxim on Xbox 360 requires an Xbox LIVE Gold membership (sold separately).

CircuM

A Maxim View of the World

KICK-START

Ashley Benson

April showers bring May flowers, as well as this blonde bombshell from the guns 'n' gals flick *Spring Breakers*. Here's why April is her month.



PHOTOGRAPH BY CHRIS FORTUNA / STYLING: LILIA BARRO/OLUC MOET; HAIR AND MAKEUP: YURIKO BUNBIS USING MAC COSMETICS; AGENT: PROVOCATEUR CORSET; ON-GOSSIP: HEAVEN; VICTORIA'S SECRET: HOBIE

GO TO MAXIM.COM FOR MORE

Maximus



Pranks Giving

"I pull April Fools' pranks on my agent. Last year I told him he and his dog were selected to be in some dog magazine. So he e-mails his whole agency saying, 'I'm going to be on the cover with Rocket!'"

Rainy Daze

"The rain is very romantic, but we never get enough of it in L.A. People here are so ridiculous; they forget how to drive in the rain. I'm like, 'It's not that big of a deal, folks.'"

Spring Break Redux

"I never did it growing up, but I think filming *Spring Breakers* was the only spring break experience I need. It was really insane, because anything that could happen does happen in the movie."

No Speedos Limit

"I'm not against Speedos on spring break. If a guy has a great body and he wants to wear a Speedo, he should go right ahead."



WANT FREE ASHLEY PHONE WALLPAPER?

Text MAXIM to 50501. Standard message and data rates apply. T&C and privacy policy at 50501.mobi.



ROOM FOR INFLATION

Careful, Hobbit, Don't Pop It!

A *Lord of the Rings* crib built out of balloons. You shall not pass! (Or visit it with scissors.)



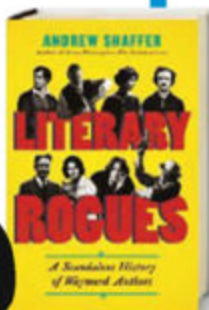
Jeremy Telford has a passion for blowing shit up. Specifically, balloons and your mind. With the generous blessing of his wife, the 34-year-old Utah resident transformed his living room into a balloon replica of Bag End, Bilbo Baggins' home in *The Hobbit*. It took him 40 hours to hand-pump 2,600 balloons into the shape of the Bilbo bunker—complete with a fireplace, a chandelier, and furniture—but clearly it was totally worth it. As long as you don't sit on, smoke near, or carry sharp objects around anything, ever.

BADASS BOOK CLUB

Words With Benders

From Andrew Shaffer's new book, *Literary Rogues*, one famous writer on the benefits of boozing.

"I'D RATHER HAVE A BOTTLE IN FRONT OF ME THAN A FRONTAL LOBOTOMY."
—DOROTHY PARKER



SMUGGLE FEVER

Is That a Beak in Your Pocket?

These failed smuggling attempts prove that it's never a good idea to put wildlife in your underpants.



The Birds and the BVDs

A Dutchman traveling through French Guiana in 2011 was caught getting a hummer—12 of them, in fact. Officers detained the tourist after they found a dozen live hummingbirds taped against the crotch of his pants. Guess that makes 13 tiny peckers.



Hard Candy

In 2012 FBI agents at LAX airport arrested Rogelio Harris, 34, after finding 45 candy bars filled with \$250,000 worth of meth in his luggage. The stash of chocolate-covered ice weighed four pounds, enough to satisfy many a sweet tooth, then make them all fall out.



Coke Castoffs

When life hands you lemons, make lemonade laced with stimulants. That's what a 66-year-old Chilean man did in 2009 after he broke his leg and had the cast made out of cocaine. He tried to get it through airport security in Barcelona, but police arrested him and had his cast replaced with one that's not nearly as fun to snort off hookers.



RELAXEDFIT[®]

FROM **SKECHERS**

ROOMIER FIT

MEMORY FOAM FOOTBED

INSTANT COMFORT



Available at



Academy
SPORTS+OUTDOORS
and Fine stores
everywhere



Visit a Skechers store near you
shopskechers.com

TRIPPED OUT

Spring Break Shake-Up

Why spend your spring break in some pricey, overcrowded beach town when you can get the same hangover, sunburn, and STD somewhere unique and exciting? Book your ticket to Funtown now!

If traveling to Mexico, don't drink the water. I peed in most of it!



TRIPS	1	2	3	4
	YOGA RETREAT	ALASKAN CRUISE	VOLUNTEERING WITH HABITAT FOR HUMANITY	PENNSYLVANIA DUTCH COUNTRY
WHY GO?	You're in need of some spiritual centering and/or a new weed hookup.	The scenic beauty. Plus, your crazy ex won't be able to track you down in the wilderness.	You have a strong work ethic, an altruistic spirit, and 50 hours of mandatory community service.	Nothing like a week without the Internet to remind you how good you have it.
WHAT TO BRING	Loose clothing, but beware of embarrassing "sweatpants boners."	Arctic temps require warm clothes. Your thermal-fleece Speedo and fur-lined flip-flops are musts.	Hammer, power drill, portable band saw, and a deluxe first-aid kit for the inevitable injuries.	A very, very long extension cord.
DURING THE DAY	Fake a sprain and grab a spot poolside with a good view of morning stretches.	Nothing. Aren't the nights here, like, six months long?	Time to raise the roof! Literally. You're building houses after all.	Go to charming Intercourse, Penn., and its less charming suburb, Dry Hump Gulch.
NIGHTLIFE	Loosen up with some wheatgrass shooters or drop by the Party Yurt for the Midnight Sprout Buffet.	Nights are all about going clubbing. Specifically, baby seals.	The forests are full of hallucinogenic herbs that can turn a campfire into a psychedelic vision quest.	Try Amish country's most popular activity: desperately escaping Amish country under cover of night.
GIRLS	Granola fans will find nirvana, but don't come on too strong. Most girls won't "downward dog" until at least date two.	Eskimos may have more than 200 words for snow, but unfortunately they don't have a single one for hot.	These women are used to hard labor. Hope you like callused hands and well-developed back muscles.	Play your cards right and some demure lass might give you a personal demonstration of her butter-churning technique.



HOT MESS

Bad Girl of the Month Club

They put the s in sexy. Also, the s in *stay the hell away*.

Name: Sara J. Isbister **Age:** 23

County: Indian River and Brevard (Florida)

Charge(s): In just two years, Isbister racked up nine misdemeanor charges, including petit theft, driving with a suspended license (twice), and four failures to appear in court. Considering all the loins she set after with this mug shot, she's also guilty of arson.



Adrienne Palicki



The *GI Joe: Retaliation* stunner on why you

should watch her kick some bad-guy ass as weapons specialist Lady Jaye. Knowing is half the battle...

She ain't afraid to bleed.

"It looks better when you do your own stunts, because seeing somebody's face when they're doing them is fun for the audience. So I did my own till my double was like, 'I'll do this one, because I don't want you to die.'"

She was born to be an action star.

"My favorite action movie growing up was *Supergirl*. It wasn't good by any stretch of the imagination, but it was my favorite because I wanted to be her. I have a Supergirl tattoo."

She might burn your junk.

"My costar D.J. Cotrona—he plays Flint—was standing a little too close to me when I was shooting off a round. Right after we cut, he's like, 'Oh, my God!' Somehow the slug ricocheted, hit him, and went down his shirt. Those things are piping hot, and it went all the way down to his underwear and burned his dick."



Battle of the Bands

Two punky trios with sexy singers have new albums. How do they stack up?

YEAH YEAH YEAHS	PARAMORE
HOMETOWN	
N.Y.C.	Franklin, TN
HOTTEST	
Karen O	Hayley Williams
SOUND	
Indie-punk	Pop-punk
ALBUMS	
4	4
HEAT INDEX	
Karen O has led numerous Hottest Women in Rock lists.	Williams' topless twitpics were leaked in 2010.
GRAMMY NOMS	
3	3
DOWNLOAD THIS	
"Maps," from 2003's <i>Fever to Tell</i>	"The Only Exception," from 2009's <i>Brand New Eyes</i>
NEW ALBUM	
Mosquito	Paramore
WINNER	
We'll take Yeah Yeah Yeahs 'cause they helped usher in N.Y.C.'s garage-punk revival, but damn if that Hayley Williams isn't a cutie.	

Dothraki 101

Learn to talk like a true nomadic warrior. Linguist **DAVID PETERSON**, creator of the Dothraki language, translates phrases for your *Game of Thrones* party.

I need to take a piss. Yell if someone bangs his sister.
Anha zigerek athnavizaroon. Donas hash ato hilee inavvaes mae.

Pass me the spicy swan wings (buffalo wings).
Fichas anhaan feldememak yazha.

Well, there goes someone's head again.
Me ovetha save, jin nhare atoon.

I'm going to have an aurochs-size hangover tomorrow.
Nharenroj anni azhokwae ven noah silokh.



The Carl's Jr. Girl

Model **NINA AGDAL** proves that fast food does a body good.

Maybe you don't recognize Nina Agdal because she's not sucking tartar sauce off her fingers. To refresh your memory, the Danish model first appeared in a Carl's Jr. commercial during the Super Bowl. She was the oiled-up beauty on the beach wearing a skimpy bikini and shoveling a cod sandwich into her face. (We haven't been that turned on by a fish mauling since Shark Week 2008!) But the 21-year-old doesn't limit herself to seafood. Her guilty pleasure, she says, is a "double cheese-burger loaded with cheddar." Eaten in slow-mo, of course.

Carries the Burger King's head in that bag as a warning to all challengers.

ANY MORE



AUTHENTIC

= *and it would be* =

ILLEGAL



While your great granddaddy was firing up a pipe, Junior Johnson's was firing up a moonshine still. Few family recipes carry a jail sentence, but to the Johnson family it was a way of life. Midnight Moon moonshine is handcrafted in small batches, made from corn and authentically infused with real fruit.



SOLD NATIONWIDE. ASK FOR MIDNIGHT MOON MOONSHINE IN YOUR LOCAL LIQUOR STORE.

★ ★ ★ AVAILABLE IN 7 FLAVORS ★ ★ ★

ENJOY RESPONSIBLY. 2013 PIEDMONT DISTILLERS, INC.
Midnight Moon, 750 mL, Original - 40% alc./Vol.,
Apple Pie - Bottled at 35% alc./Vol., Blackberry, Blueberry,
Cherry, Cranberry, and Strawberry - Bottled at 50% alc./Vol.

★ JUNIORMIDNIGHTMOON.COM ★

FACEBOOK.COM/MIDNIGHTMOONMOONSHINE

★ JUNIOR JOHNSON'S FAMILY RECIPE

AUTHENTIC MOONSHINE

March Madness Math

A statistical look at the two weeks when America shuts down and tunes in to the tourney.

\$771 MILLION

Amount CBS and Turner Broadcasting will pay the NCAA for this year's tournament.



Amount the athletes will take home.

ZERO

Number of times a No. 1 seed has lost in the first round.

Number of times all four No. 1 seeds have made it to the Final Four.

1



WENZ

Years the slam dunk was banned, from 1967 to 1976. Thanks, Kareem Abdul-Jabbar!



1982



1992



2001



1995

4

Number of nationally top-ranked teams that have won the title in the past 34 years.



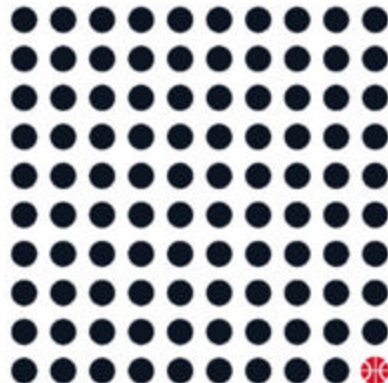
Villanova's seed when they won it all in 1985, the lowest seed ever to take the title.

18

Total annual bets on the tournament:

\$12 BILLION

OR 37 MILLION
PAIRS OF
JORDAN XIs.



1%

Number of college players who will make it to the NBA.

Career tourney points scored by Duke's Christian Laettner (in 23 total games), the most ever.

407



MILLION

Number of brackets that will be filled out this year.

35,360,000,000:1

Odds of filling out a perfect one.

STOP PAUSING

AND START PEEKING.

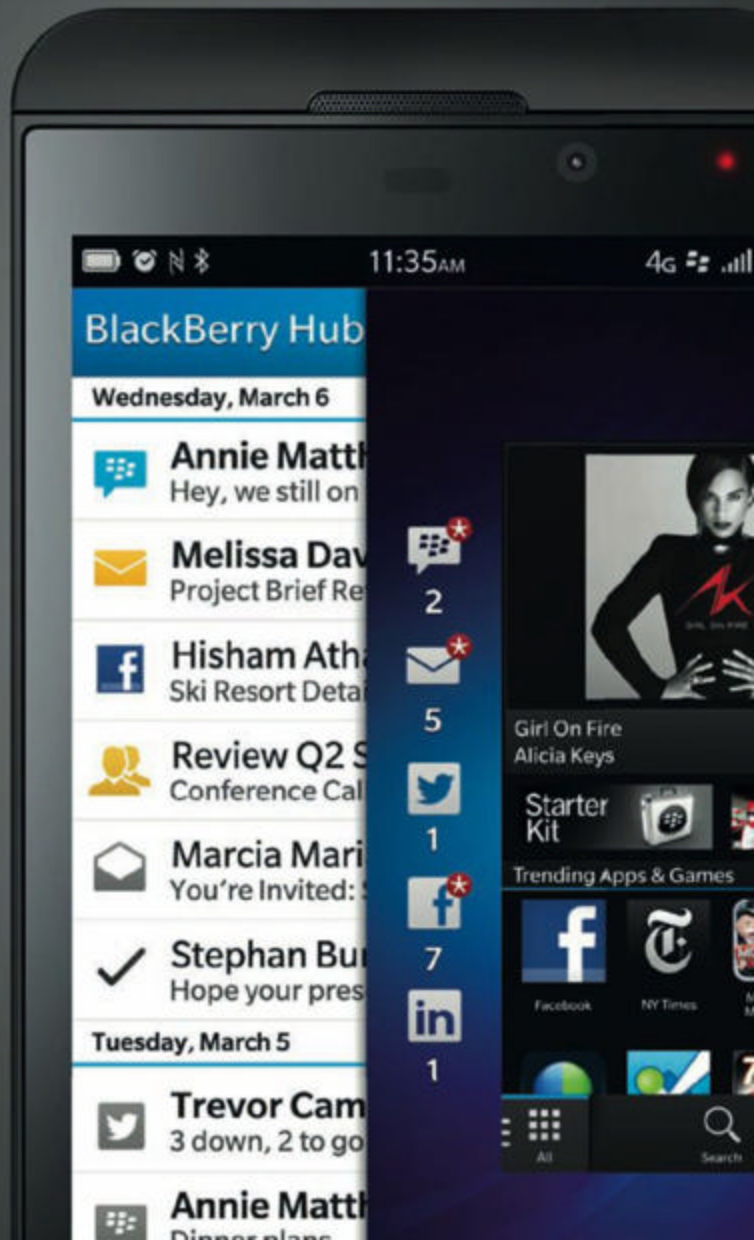
BlackBerry® Z10 with a new way to check messages.

The revolutionary new BlackBerry® Z10 lets you peek at messages in the BlackBerry Hub from any app, then reply or snap back to what you were doing.

See it in action at blackberry.com/z10

 **BlackBerry.**
Keep Moving

Screen image simulated. ©2013 BlackBerry. All rights reserved. BlackBerry® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. All other trademarks are the property of their respective owners.



Go Suck an Egg

After a long, cold winter, **MARIENA MERCER**, GM and mixologist at the Chandelier bar in Vegas, offers up an eggy cocktail to ring in spring. What better way to wake up from hibernation?

Thai Me Down

- 1½ oz. Bombay Sapphire gin
- ½ oz. ginger-infused egg whites*
- 1 oz. simple syrup
- ¾ oz. lemon juice
- 1 oz. coconut milk
- Sprinkle of Chinese five spice
- 1 oz. ginger beer

1. Shake first six ingredients in a mixing glass to break apart the egg whites.

2. Add ice, shake again, and strain over fresh ice.

3. Top with ginger beer and stir.

*Although infusing the egg is optional, Mercer recommends it to keep your drink from smelling like an Easter Bunny fart. "Egg whites can have an off-putting odor. The aroma of the ginger will infuse through the shell," she says. Just place sliced ginger in an egg carton and refrigerate overnight.



"That drink is egg-celent!" said Eddie McBadpun.



Lay It Safe

Wise up when using raw eggs in cocktails.

Choose good eggs.

Pasteurized eggs are your safest bet, since they're processed with heat to kill bacteria and viruses. But if you can't find that, get the freshest eggs you can buy.

Give them the chills.

Eggs should be kept in their carton and stored in the coldest part of the fridge—not the built-in egg container on the side, which is susceptible to warm blasts when the door is opened.

Do a once-over.

Don't use eggs that have cracks, and clean off any icky stuff on the shell. And check the yolks and whites for any abnormalities.

Lose the germs.

Unless you're making a cocktail of more than 120 proof, the alcohol isn't going to kill any bacteria, so make sure your hands are clean and your cocktail tools are sterilized. We recommend jumping into a tub of Purell before serving.

Dive Bar of the Month



The Meet Rack, Tucson

We worship the proprietor of this joint. No, really. "God" is the name of the owner, who changed it from the less pious "Jim." Above all else, this hole-in-the-wall is about cheap boozing, and it gets even cheaper if God brands you with an image of his face: Let him desecrate your body with a hot branding iron and get 50¢ off drinks the rest of your life. **210 W. Drachman St.**



What's the opposite of a sausagefest?

Got a depressingly delightful hometown dive? Write to dive@maxim.com.

Circus Maximus

50 Hours to Live

50 Cent

We gave the rapper-actor-entrepreneur—whose album *Street King Immortal* drops this spring—26 hours more than usual. Got a problem with that?

You famously were shot nine times. What finally does you in?

Probably a head cold. Something really simple.

Do you have any death-bed confessions?

At that point I would just be runnin' my mouth crazy. I'd tell you about everything that actually happened, that people don't have the answers to. Law enforcement should just sit there.

Will you be going to heaven or hell?

I think I'll be going to heaven, because I had good intentions. But my actions are another thing.

What will you look like on the other side?

I'll have long, straight hair, like down to my back, when I go to heaven. And I'm not even going to work out, but I'll be in shape. It's a whole new program up there.

Eminem, Young Jeezy, and Snoop Dogg are featured on your new album. Who—living or dead—would you most want to do a song with?

Tupac and Michael Jackson. In heaven it'll be the biggest hit. And Michael, he'll have a new walk. It won't be the moonwalk, because we already over the moon. It'll be called "Walking on a Cloud."

What's your last meal?

I'd eat pizza from Margherita's in Queens. It's the spot. It don't taste like that nowhere else.

What's the wildest thing you ever did while you were alive?

Man, I can't tell ya, I'd get in trouble. So let's keep it sexual. You know the *Orgy World* DVD set? I did it—we just didn't tape it.

What woman did you always want to sleep with?

This may sound inappropriate, but Phylicia Rashad from *The Cosby Show*. Listen, I watched the Huxtables, and I had a crush on that woman

since the first episode aired. I'm an adult now, but she's still so beautiful to me. I saw her on a plane one time, and, man, I just fainted. I went into groupie mode.

Now that you're about to die, what will you confess to listening to on your iPod?

Kelly Clarkson. She was on the iPod when I got it, and I started listening to her when I was running. There's storytelling there.

What are people saying over your casket?

This motherfucker left, and now we ain't got no money! Who's gonna pay the bills now?

Got any last words?

It was good while it lasted.

GOT A
QUESTION?
Send it to ask@
maxim.com



Why does hair smell so disgusting when it burns?

—Steve Parnassi

The culprit that makes burnt hair smell like gnarly farts is an amino acid called cysteine. "The keratin in our hair has high concentrations of cysteine, which contains sulfur," explains L.A.-based physician Tanvir Hussain, M.D. "As with other sulfur-containing entities, like rotten eggs or intestinal gas, exposing those chemicals is what makes burning hair smell so bad." So next time you let one slip, light your eyebrows on fire and blame them.



Why are silent letters used in words?

—Mike Avra

The way we talk has evolved faster than how we write, and those lazy bastards at the dictionary haven't updated the spellings. "The k in knife didn't used to be silent," explains UCLA linguistics assistant professor Robert Daland. "The question is, Why haven't we changed it?" Hoo noes?



What determines what side of a car the gas tank is on?

—Michael Wolff

Steve Kosowski, a manager at Kia Motors America, says this can be based on front- or rear-wheel drive, platform layout, or a car company's philosophy that one side is better or safer. In a nutshell: Hope for a tiny arrow by the gas gauge.

Bar Trivia



700 MILLION



Projected pounds of peanut butter Americans will eat in 2013. (That's the weight of 1,555 creamy smooth Statues of Liberty.)



50% Likelihood couples in the U.S. will become obese after marriage. With this ring, I thee let myself go.



1 IN 10 Ratio of people who believed the world was going to end last year, which is almost as terrifying as the world actually ending.



Q: Why did Helen Keller masturbate with one hand?
A: So she could moan with the other. —RYAN WHITE

See if your funny bone is bigger than ours. Send your funnies to jokes@maxim.com or tweet #MaximJokes.



Grandpa's Dirty Joke

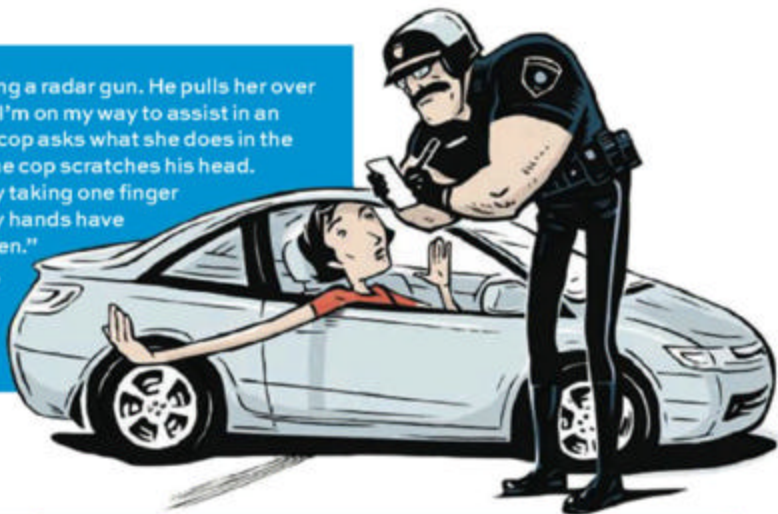
To tell it like paw-paw, don't forget the hacking emphysema cough.

Two guys are driving to work when one asks the other if he talks to his wife after sex. "Yes," replies the second guy. "If I can find a phone."

I was talking to a girl in the bar last night, and she said, "If you lost a few pounds, had a shave, and got your haircut, you'd look all right." I said, "If I did that, I'd be talking to your friends over there instead of you." —EMILIANO URQUIZA



A woman speeds by a motorcycle cop holding a radar gun. He pulls her over and asks, "What's the rush?" She replies, "I'm on my way to assist in an emergency procedure at the hospital." The cop asks what she does in the ER. "I'm an asshole stretcher," she says. The cop scratches his head. She explains, "You see, I prep the patient by taking one finger at a time to slowly stretch the asshole till my hands have made the patient's asshole a full six feet open." Looking at the woman in shock, he inquires, "What do you do with a six-foot asshole?" The lady says, "Usually we give it a badge and a radar gun." —JIM MCGONIGAL



Beat This Caption



Sigh. No one wants to fork the guy in the spoon shirt.

Enter here!

Maxim.com/contests*
Win this! This Is 40 on Blu-ray and a Sony S185 Blu-ray player. See results at Maxim.com or in the June issue!



Jan/Feb's Winner: "Trump going down on Manti Te'o's girlfriend."
—Jared Brown



*NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED. Open only to legal U.S. residents, 18 years or older. Contest begins March 19, 2013 and ends April 6, 2013. Odds of winning depend on number of eligible entries received. For entry and official rules with complete entry, eligibility, prize, and other details, go to www.maxim.com. Sponsored by Alpha Media Group Inc.

How To

Hmm, maybe we should call off that Wiffle Ball game.



Ironically, his least favorite game is Twister.



Chase a Tornado

Get freakishly close to freak weather with these tips from extreme storm chaser **REED TIMMER**.

1 TARGET AN AREA

"You can identify an outbreak up to seven days in advance. Dixie Alley sees more tornadoes than the Great Plains. They're also more dangerous since they move faster and the trees in that area make the storm harder to see. The main pro of heading there is that fewer storm chasers do."

2 GRAB YOUR GEAR

"All you need is a laptop, a mobile Internet current, and a GPS unit to navigate all those farm roads. Get a veteran storm chaser to ride along, too, because you have to multitask. Also, a car with four-wheel drive is important. I've spent several nights in the mud with no cell phone coverage."

3 IF YOU'RE JUST PEEPING

"Pick a safe spot two to five miles away from a tornado, and always make sure it's moving across your field of view, in which case it will likely miss you. If it's not moving side to side, it's either coming at you or moving away. And call it quits at twilight. Night-chasing is extremely dangerous."

4 IF YOU'RE INTERCEPTING

"Visually we line up the vehicle so the storm is coming right at us and drop our hydraulic spikes to the ground. When it strikes, you feel like you've been hit by a freight train. It's scary, but I have to trust the design of our vehicle—it's pretty much an armored tank with bullet-proof windows."

5 WATCH OUT!

"The most dangerous thing is other drivers, because when a storm hits, people panic. Be aware of lightning: It can hit you, and it can also cause grass fires. And, yes, watch out for objects and animals. Once we got hit by a horse!"

Check out "Tornado Chasers" at TVN Weather.com

from intuit.

PRIMARY ACCOUNT
PH. 512-555-0148

2309612-09238
849623

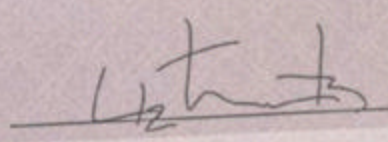
309238

DATE: November 15th

PAY:
PUTTING IN OVERTIME AND MOVING UP THE RANKS. USD **1,748.57

PAY TO: Marcus Wesson
Main Street
Nashville, TN 37215

PAYROLL



26682 * 1 100029381 * 031696621 *

File free with TurboTax. And keep more of your money.

When your career is starting, every penny counts. That's why TurboTax lets you file your federal taxes free. The Federal Free Edition is free to prepare, print and e-file. And if you have questions, our tax experts are available to talk via live chat. Helping you get back every penny you deserve. *Get the Federal Free Edition at TurboTax.com.*



The power to keep what's yours.™

Tax professionals authorized under IRS Circular 230 to provide tax prep assistance. Live tax help service is subject to availability, restrictions & change without notice. See TurboTax.com for details.
©2012 Intuit Inc. All rights reserved. Intuit, the Intuit logo, TurboTax and the TurboTax checkmark design, among others, are registered trademarks and/or service marks of Intuit Inc., in the United States and other countries.

from **INTUIT.**

FILE FREE with TurboTax.

The TurboTax Federal
Free Edition is:

- Free to prepare
- Free to print
- Free to e-file

We even have experts
like CPAs and
Tax Attorneys
available via
chat if you
have questions.

File your simple federal return
at TurboTax.com



The power to keep what's yours.™

Tax professionals authorized under IRS Circular 230 to provide tax prep assistance. Live tax help service is subject to availability, restrictions & change without notice. See TurboTax.com for details. ©2012 Intuit Inc. All rights reserved. Intuit, the Intuit logo, TurboTax and the TurboTax checkmark design, among others, are registered trademarks and/or service marks of Intuit Inc., in the United States and other countries.

How To



They called
each other
last night to
coordinate
outfits.

Get in Shape Racecar Fast

Back from the Jack in the Box drive-through? Sweat out your slob with moves from IndyCar champ **RYAN HUNTER-REAY**'s workout regimen.



THE NECK: "On road-course corners we pull 4 Gs, so if your head normally weighs 10 pounds, it weighs 40 pounds in a corner. I have a device, a hat with two resistance bands that you attach weights to; it works the different angles of the neck. If your neck gives out in a corner, your mind loses its sense of equilibrium, which can be pretty bad."



THE CORE: "Having a strong core is crucial for steering. I work with medicine balls to simulate the driving position, then do a side-to-side movement as well as some exercises in the plank position, lifting an arm and a leg and holding as long as possible. I try to stay away from the machines. It's always better to use your own body weight."



LEG WORK: "We put about 1,200 pounds of pressure to the brake in the car, so you have to strengthen your legs. There's a certain flex range you can do on a half-ball that almost replicates what happens in the car. Basically, holding free weights in your hands, you balance on one foot to do isolated lunges on the ball."



REFLEXES: "There are certain reflex-training exercises where you hit lights on a board at a specific time. That stuff helps, but I find the best physical preparation is in the six-speed shifter karts. I take them to the track and use them in the off-season. They're super physical—most people will get winded after five or six laps the first time they try them."

GO TO MAXIM.COM FOR MORE



Spit a Lamb

Award-winning chef **MICHAEL PSILAKIS** on how to make an authentic Greek barbecue that's baa-a-a-d to the bone.



ASSEMBLING THE SPIT AND FIRE

- Motorized roasting spit
- 20 feet of 14-gauge aluminum wire
- Pliers
- 2 U-bolt clamps
- 6 (25-lb.) bags of charcoal
- 30 lbs. wood chips, preferably hickory, soaked overnight in water

1. Take the spit and push it through the opening in the lamb's backside and through the body cavity. The back fork should be secured into the hind legs.

2. Slide the front fork into the shoulders. Then pull the front legs above where the lamb's head would be and fasten them to the spit using wire and pliers. Extend the hind legs in the same fashion.

3. To secure the lamb properly, force one U-bolt through the middle of the back. Move six inches to the rear and fasten the other.

4. Light the fire (it should be about 300°F) and set the motor on the slowest setting. Grab a lawn chair and a six-pack—you're gonna be outside for a while.

THE LAMB

Thanks to the Internet, you can get a lamb delivered to you overnight. To me a fresh whole American lamb is the best in the whole world. Try to get a baby under 30 pounds—those are the most succulent, and you'll be surprised to see there's almost no fat on the animal.

LEMON OIL

In a mixing bowl, combine two quarts fresh lemon juice, one quart extra-virgin olive oil, ¼ cup dry Greek oregano, salt, and black

pepper. Whisk to taste, then just pour it into a bucket.

SEASONING

Wet the lamb down with water inside and out and season with salt and pepper. As it's rotating, just keep basting it with the lemon-oil mixture. Five hours later you'll see that the skin is

starting to crack and pull away, and you're also going to see juices dripping from the animal. After six to seven hours, it's ready to eat right off the spit. Just pull off a piece and you'll get this smoky, salty, crispy, but really lemony sort of flesh underneath. Go at it!



This is our kind of torture porn.

Catch Beacher's Madhouse Wednesdays and Saturdays at the Roosevelt Hotel in Los Angeles.



Warning: The first three rows are the "puke on yourself" zone.

Land Your Dream Job



JEFF BEACHER, creator of the insane nightclub-circus hybrid Beacher's Madhouse, on how to rule the nightlife scene.

THINK HUGE

"I was selling office furniture before trying stand-up. I grew bored of that, so I got a few performers together for an off-Broadway show. Next we sold out MSG's theater. By 2003 we were in Vegas."

THINK SMALL

"People love midgets, but keeping them in line isn't easy. They're like children, except they're pathological liars, drink all day, do drugs, and have orgies."

BE PICKY

"You need the over-the-top, crazy stuff. There's only one woman who has quadruple-H tits that can crush cans, and she's with us. Make sure everyone is top-notch."

GET BETTER FRIENDS

"You need to know a lot of hot girls. If you don't, go online and find some. I've been blessed to have loyal followers who happen to be the wealthiest, coolest, and most famous people in the world."



These X-ray glasses really work!

Talk Like a Plastic Surgeon

California-based plastic surgeon

UMANG MEHTA, M.D., implants your vocabulary.

Drop and Fluff

"Slang patients use to refer to the settling of implants into a lower, more natural position."

Cupid's Bow

"The double curve of the upper lip where plastic surgeons inject fillers to augment the area."

Satyr's Ear

"Named after a goatlike creature to describe the pulling of the earlobe downward after a face-lift."



WEAPON OF MAXIM DESTRUCTION

Unblock Your Toilet

Turn a copy of *Maxim* into a plunger! **PAUL O'GRADY** of O'Grady Plumbing in San Francisco shows you how.



1 The first thing to do is stop the tsunami. Take the lid off the toilet tank, pull the flap down, and lift up the float to completely stop the water from overflowing, which would be all kinds of gross.



2 Roll the issue up tight and jam it into the toilet basin. Water can weaken the magazine, so you need to get it done in one shot and add force to loosen up the solids. Once they've shifted, give the toilet a good flush.



3 The bowl should clear. The toilet will draw water by way of siphoning. Then, as much as it pains you, toss that *Maxim* into a garbage bag, thank it for its service, and buy another one!

Have Sex in an Airplane Bathroom



Give your special lady a bumpy ride at 35,000 feet.



1 Have your girlfriend go to the rest room first, wait five minutes, and then, if there's no line, sneak in after her. People will be knocking on the door soon enough, so be prepared for a quickie. You can handle that, right?



2 Sit on the (closed!) toilet seat and have sex with her sitting on top of you. That way if there's turbulence, you're less likely to fall over or accidentally turn the sink on with your ass.



3 Exit together, pretending one of you is sick. If accused, deny everything and claim you were just being a helpful partner (which you were!). Return to your seat, get a cocktail, and take in an episode of *According to Jim*. Hilarious!



Get in Your Opponent's Head

Psych out the competition with these tips from Miami Heat star **DWYANE WADE**.

Start With Silence

"My high school coach told me, 'Act like you've been here before.' I'm not much of a trash talker; I just act like I've done it before. That's really intimidating."

Use Body Language

"If I want to get a defender off me, I'll let him feel my strength. When guys are physical, I get to a more aggressive level."

Learn From the Best

"Gary Payton was the master. I can't even repeat what he'd say. He took it from the streets and got into guys' heads."

—Cameron Berkman



Eat After Midnight

MIKEY ROE, host of *Feed the Beast*—a show about finding late-night chow—says the best meals happen after bedtime.

GET GRABBY

"I let the people be my guide when I go to a new city. Just grab someone at two o'clock in the morning and say, 'Where do I eat right now?'"

DON'T FEAR A DUMP

"Some places are old, but old doesn't mean bad. Old means better flavor. Old means they know what the fuck they're doing."

FEEL THE BURN

"Spicy wakes you up if you need an 'oomph' or had too much to drink."

LET FOOD BE YOUR WINGMAN

"If you're with a girl, take her to get food. It can be your one last-ditch effort to get laid."

Feed the Beast airs Wednesdays at 9 P.M. on the Travel Channel.

By the time you read this, he'll have the runs.

Stuff



Mother Trucker

Chevy's all-new **SILVERADO** is the greatest combination of strength and beauty since Wonder Woman.

Like blue M&M's, erasable pens, and *Piranha 3DD*, the 2014 Chevy Silverado 1500 is a modern take on an American classic. Equipped with a hefty 6.2-liter eight-cylinder engine that

switches to four cylinders when handling lighter cargo, the heart of this truck optimizes power, increases efficiency, and has the capacity to love. (That's how we felt about it, at least.) The Silverado has a wider stance that

gives it far more strength and stability, kind of like when you're peeing. You'll also be in complete control of the interior thanks to Chevrolet MyLink, a system that possesses natural voice recognition and has

enough ports and power outlets to satisfy the biggest tech geek. And in answer to your question—yes, the payload is more than adequate for hauling around your growing gimp collection. —Evan Bleier



"Aggh!" said
the about-to-
be-squashed
picnickers.

→ Haul Monitor

With its massive hauling capacity, here's what we're thinking you could carry in a Silverado. (Just don't mention us to the cops.)



Condoms
(Unused):
410,057



Packets of Taco
Bell hot sauce:
132,033



DVDs of
Downton Abbey:
7,176



Issues of
Maxim Magazine:
5,035



Bottles of
Maker's Mark:
844



Chris
Christies:
5⁹/10

Tough S*#@#!

Whether you're trying to make it through a zombie apocalypse or a weekend camping trip, stay alive with this kick-ass gear.

WORX 20V 2.0 JawSaw

If you're looking to cut tree branches or dice firewood, here is your weapon. Cordless, lightweight, and battery-powered, this saw automatically oils itself and can attach to a five-foot extension pole to reach high stuff. Its blade is enclosed inside its jaws, so even butter-fingered guys are in little danger of severing a limb that's not on a tree. **\$160, worx.com**

Bushnell PowerSync SolarWrap Charger

Don't let your phones, MP3 players, or tablets lose their juice while you're out bushwhacking. The PowerSync line of solar chargers is designed with independently operating solar cells and amorphous silicon film (say that 10 times fast) that, unlike Christmas lights, will keep working even if one gets damaged. **\$150, bushnell.com**

Anyone seen my other arm?



MSR Trail Lite Duo System

Just because you're camping doesn't mean you have to eat pork and beans every night (your tentmate will thank you). With this lightweight nonstick cook set, you can change up the menu. The compact pot can hold two bowls and two mugs, which will leave you more room to pack essentials like whiskey, peanuts, and weed. **\$70, cascadedesigns.com**



Zippo 4-in-1 Woodsman

With four survival tools all in one gadget, the only thing this Zippo product can't do is light stuff on fire. The Woodsman is equipped with a bow saw and a hatchet for cutting things down and a mallet and a stake puller for setting things up. **\$80, zippooutdoor.com**



Therm-a-Rest Antares Sleeping Bag

Designed for use in the frigid back-country, this lightweight bag is packed with goose down but weighs less than two pounds. Its sculpted hood will keep your noggin toasty. In the morning, emerge like a beautiful (warm) butterfly! **\$350, cascadedesigns.com**





The North Face Patrol 24 ABS Backpack

Besides holding all your stuff, this supersize backpack's built-in airbags can turn an avalanche into a sledding trip. Putting nitrogen to its best use since *Terminator 2*, the Patrol 24's airbags deploy in three seconds and will help raise you to the top of the snow, ensuring that a Saint Bernard can find you and hump your frostbitten leg. **\$1,179, thenorthface.com**



SteriPEN Ultra Water Purifier

OK, so maybe Jesus has the lock on turning water into wine, but this portable purifier will at least let you clean up your water for drinking. Rechargeable via USB or outlet power, it is strikingly efficient and can purify up to 50 liters of water per charge. Bonus feature: Its OLED display can double as a flashlight in a pinch. **\$100, steripen.com**



Gerber Outrigger Knife

Stay on the cutting edge (get it?) with this three-inch stainless-steel blade from Gerber. This knife has Assisted Opening 2.0 technology, which has your instrument ready before that rabbit can say, "Oh, shit, he's got a knife!" **\$49, gerbergear.com**



LifeProof Nüüd iPad Case

Waterproof, shockproof, and snowproof, this case will protect your iPad when you throw it out the window into a blizzard after losing a game of *Words With Friends* you're playing in the bathtub. (Send us pictures next time.) **\$100, lifeproof.com**

Leatherman OHT

With 16 tools in one, this product is ripe for an "everything but the kitchen sink" joke. Unfortunately, we can't think of one. The spring-loaded pliers shoot out with a flick of the wrist (so get those wrists into shape, fellas!). It's got everything: an oxygen tank wrench, multiple screwdrivers, two knives, and, most important, a bottle opener. **\$82, leatherman.com**



Stuff

Woman With a Tool

Leave
It to
Cleaver

You know that old question about a woodchuck chucking wood? Well, we still don't know the answer, but we do know that if said woodchuck owned a **Woodman's Pal Military Premium** machete, he'd be tearing through that shit in seconds. Popular with forestry and agriculture pros thanks to its compact frame and superior cutting ability, it has a blade that can amputate tree branches in a single stroke. Wood, you've met your match. **\$81, woodmanspal.com**


**GO TO
MAXIM.COM**
FOR MORE
IMAGES &
VIDEO

"OK, fine, that is a knife," relented Crocodile Dundee.

MAXIM'S
HOTTIE HOST
HAS YOUR
DAILY DOSE
OF SEXY.

.....

GO TO MAXIM.COM
TO WATCH APRIL
ROSE'S VIDEO
SERIES **MAXIMUM
EXPOSURE.**
SHE DEMANDS
YOUR CLICK!

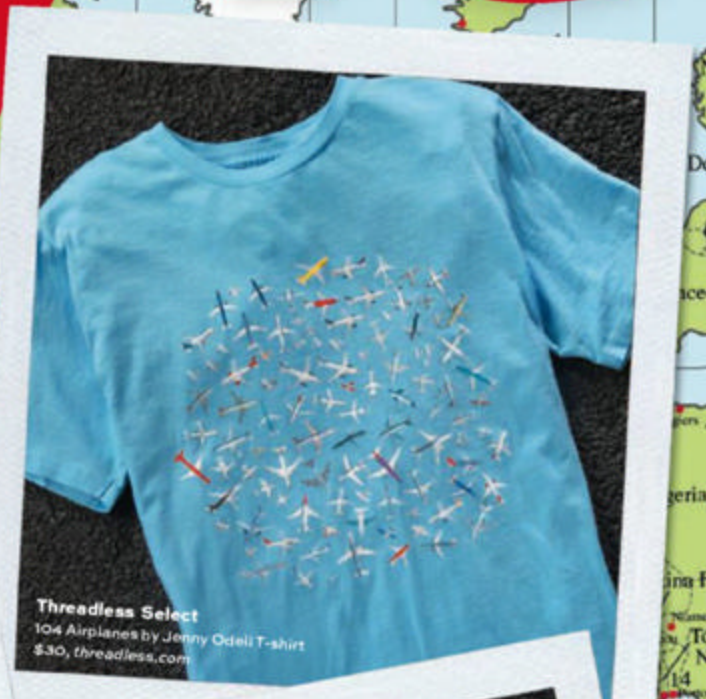
GET MORE. **GET EXPOSED.**

Check out Maximum Exposure every day on
Maxim.com/maximumexposure



Stuff

Style





Think you've got
what it takes to be a
MAXIM
Hometown
Hottie?

Dessie Mitcheson
2013 Winner

Prove it! (Sorry for yelling.)
Go to hometownhotties.com to enter and stake your
claim to the Maxim Hometown Hotties crown!
(Actual crown not included.)

Stuff

Style





DANIEL STEIGER



5 YEAR UNLIMITED
MOVEMENT WARRANTY

30 DAY MONEY
BACK GUARANTEE

THE PHANTOM ROSE GOLD

'PHANTASTIC VALUE PHENOMENAL QUALITY'

Phantom Watch **\$199** Phantom Ring **\$129** Set Price **\$289** (Save An Extra \$39) +s&p

The Daniel Steiger Phantom Rose Gold. Engineered from premium grade 316L steel and plated in a mixture of rose gold and black IP, the words designer styling really could have been invented for this timepiece. A precision chronograph movement with 1/10th of a second measuring capabilities

works away silently under the multi leveled dial. Now available direct from the manufacturer at the astonishingly low price of \$199 - a saving of \$596 on the retail price of \$795. So how can we make an offer like this? The answer is beautifully simple. We have no middleman to pay, no retail overheads

to pay and not the usual mark-up to make, which on luxury items can be enormous. To accompany the Phantom, we have introduced the Phantom ring. With layers of rose gold plated steel and an impressive row set with our flawless Diamondau gems, that can cut glass like a mined Diamond.

CALL OUR CREDIT CARD HOTLINE ON 1-877 550 9876

Please quote **779** or go to **www.timepiecesusa.com/779**

Timepieces International Inc, 3580 NW 56th Street, Fort Lauderdale, Florida, 33309

ADVERTISEMENT



MAXIM[®] IS NOW ON XBOX 360

Download our new app and watch hours of hot women, funny videos, dudes doing stupid things for your amusement and so much more!

DOWNLOAD & WATCH NOW



ON THE SET OF
OUR HOTTEST
CELEB SHOTS



MAXIM
PARTY
VIDEOS



*Maxim on Xbox 360 requires an Xbox LIVE Gold membership (sold separately).

PINUPS

April
2013



They say April showers bring May flowers.

Thanks to *Maxim*, they also bring a gaggle of gorgeous gals. First up, it's Danielle "Topanga" Fishel, the *Boy Meets World* star you've obsessed over since junior high. Then check out sexy surfer Alana Blanchard and ravishing *Revolutions* star Daniella Alonso. Don't be no April fool!

Coat
Wish
Lingerie
Elle Macpherson
Intimates
Earrings
Justine M Couture



SHE OWNED THE '90s PLAYING BOY MEETS WORLD'S HIGH SCHOOL
HOTTIE, TOPANGA. NOW DANIELLE FISHEL IS ALL GROWN UP
AND STARRING IN THE PHOTO SHOOT YOU'VE WAITED 20 YEARS FOR.

by PATRICK CARONE photographs by BROOKE NIPAR typography by LUKE LUCAS



KELLY KAPOWSKI WAS
MY FIRST-EVER GIRL CRUSH.



Cardigan
Chalken
Lingerie

Elle Macpherson Intimates
Shoes

Fornarina
Jewelry

Justine M Couture

(opening spread)
Corset

Elle Macpherson Intimates
Earrings

Justin M Couture





According to Urban Dictionary, Topanga means “beautiful or spectacular.” This isn’t a reference to the natural splendor of the canyon outside L.A.; it’s in honor of a TV character played by the gorgeous Danielle Fishel. The 31-year-old portrayed a smart, sassy teen by that name on the ’90s coming-of-age sitcom *Boy Meets World*. The show followed the exploits of typical teen Cory (Ben Savage), his pal Shawn (Rider Strong), and his girlfriend, Topanga. Well, our favorite couple is getting back together for a sequel series, *Girl Meets World*, in which Cory and Topanga are now the parents of a teenage girl. To celebrate this momentous pop-culture occasion, Danielle agreed to fulfill our decades-old fantasy and pose for a shoot of historic proportions. Please enjoy, and don’t worry...we won’t tell Mr. Feeny.

Where the heck did the name Topanga come from?
Michael Jacobs, who created *Boy Meets World*, says he was driving down the highway when production called and said, “We need a name for this character!” He happened to be driving past Topanga Canyon, so he said, “Topanga.” He says that if they had called him two miles later, I would’ve been named Canoga, which is the next exit.

Have you ever met anyone named Topanga?
I’ve met five little girls named Topanga, all after me, and I’ve heard about many more. People will tweet me, and I’ve had family members who have met other Topangas. It’s crazy and it’s flattering, but I never know what to say when they’re showing me their beautiful little girls. I’m like, “Really? Topanga?”

Why do you think so many people feel an attachment to *Boy Meets World*?
We were in people’s family rooms every Friday for seven years. When I watch old episodes, it’s like watching home movies, so I imagine that other people feel the same way. ABC’s TGIF lineup was probably the one time a week when parents and kids all watched TV together.

Did you party with the rest of the TGIF crew, like Urkel or the Olsen twins?
One time we were all on a private jet going to Disney World, and my mom, dad, and brother were also with me. We had these four seats facing each other with curtains, so we had our own little private family area. Anyway, we were trying to take a nap, and all of a sudden Bob Saget walks down the aisle,

rips open our curtain, and shouts, “Do you guys have any coke?!” Then he looks my dad in the eye, laughs, and closes the curtain. My mom was like, “What was that all about?”

Did you ever meet the kids from *Saved By the Bell* and throw down with Kelly Kapowski for the title of “Hottest ’90s Girl”?
No, I don’t think I ever met Tiffani Thiessen! But I can tell you Kelly Kapowski was my first-ever girl crush. I remember watching her and thinking, Nobody in the world could possibly be as beautiful as she is. She’s still stunning.

We hear you recently had dinner with your former costars Ben Savage and Rider Strong.
And Will Friedle, who played Cory’s brother, Eric! We went to Rider’s house for dinner, and it was one of the more fun evenings I’ve had in my whole life. With the news of *Girl Meets World* coming out, we were kind of like, well, let’s actually have a reunion.

Did you do it at a house because the four of you didn’t want to appear together in public?
Yeah, we figured that would probably stop the world.

You and Ben used to date, right?
No! That rumor was entirely my fault because I once said, on *The Tyra Banks Show*, that Ben and I went on a date, and that turned into “Danielle and Ben dated.” We went on one date, when I was about 15, and by the time the dinner was over we realized mutually that we were more like family than lovers.

So is there any BMW gossip you can spill?
I wish we had some really good, juicy stories! Maybe some of the guys do, but being the only girl, I think I was a little protected.

Is it true you’re engaged?
Yes, we met four years ago and got engaged last May. When he did it I dropped down to my knees and cried.

Congrats! What’s the first thing you notice in a guy?
What I noticed first about my fiancé was a *Mortal Kombat* tattoo on his calf. I’m not a huge tattoo person, but I loved it. I actually have two of my own, which I would get laser-removed but I’m afraid that they’ll look weird.

Where are they?
I have one on the back of my neck, and I have a tramp stamp.

You also just graduated from college. Did people recognize you on campus?
Yeah, there was staring and whispering. I even had teachers who called me Topanga in class by mistake! But toward the end of my time there, people got up the nerve to ask for a picture with me.

Did you hang out at any frat parties?
I didn’t. You know, being 31, that’s just something in my life that is totally done. I went to college parties when I was at an appropriate age to go to college parties.

Finally, what would people be shocked to know about Topanga?
I’m huge into ’90s rap. It’s my jam. My all-time favorite album is Snoop Dogg’s *Doggystyle*. And if you ever really want to see me embarrass myself, put on some Notorious B.I.G. and watch me grab my crotch and mouth all the words. It’s really embarrassing, but I can’t help myself. ☹





Dress

Opening Ceremony

Lingerie

Elle Macpherson

Intimates

Shoes

Fornarina

Jewelry

Justine M Couture

OCEAN'S

PERF



PRO SURFER **ALANA BLANCHARD** WANTS BIGGER WAVES AND SMALLER BIKINI BOTTOMS.

ECT 10



SHE WILL GET NO ARGUMENT FROM US.

by JULIAN STERN



HOMETOWN
Kauai, Hawaii
BIRTHDAY
March 5



photographs by DAVID MANDELBERG



There's something a little cliché about a hot blonde Hawaiian who's into surfing...and we're perfectly OK with that. Twenty-three-year-old Kauai native Alana Blanchard began surfing competitively at age nine and has been winning professional contests since 2005. Mix in her recent swimwear collaboration with Rip Curl bikinis and Alana is far from your average beach bum. Read on to find out the secret reason she likes small bikini bottoms. (Hint: It's the same reason you do.)

When did you start surfing?

When I was four my dad started pushing me in. He loved surfing his whole life, and I think growing up on Kauai sort of added to that. We're this little island surrounded by ocean, and there's not much to do, so I kind of just stuck with it.

What else do you get up to on Kauai?

A lot of the local guys go hunting for wild boar, and—

Boar?! Have you ever caught one?

It's more of a guy thing, but I actually want to go. You're hiking in the jungle, and I think it would be kind of cool, but I don't know if I could handle seeing a pig get killed. It's pretty gruesome.

Between surfing, jungle hikes, and roaming boar, Kauai sounds like paradise. Any downsides?

It definitely can get boring. There's not much to do but go to the beach. No nightlife whatsoever. People just go and drink on the beach.



How do you feel about surfing not being included in the Summer Olympics?

It sucks. Sometimes the waves go flat, and I'm sure they have a schedule, but I feel like there's a way they could make it work. I definitely think it will happen.

On top of surfing, you've collaborated with Rip Curl on a bikini line. Any advice for guys buying swimwear gifts for their girlfriends?

The smaller, the better! No, just kidding. Every girl looks different in a bikini, so you have to see what she likes to wear, then combine that with what you'd want her to wear.

What about guys' swimwear? Can we get away with a Speedo?

Those Olympic swimmers can, but usually when you see a guy down on the beach

in a Speedo, you kind of laugh. And I don't think you could really surf in one.

Speaking of guys, you must get a lot of pickup lines.

I was at a stop sign once, and this kid said, "Do you work at Subway? Because you just gave me a footlong." I thought that was funny.

So you obviously went out on a date with him.

Oh, definitely.

Since surfing is clearly a great workout, what part of your body are you most proud of?

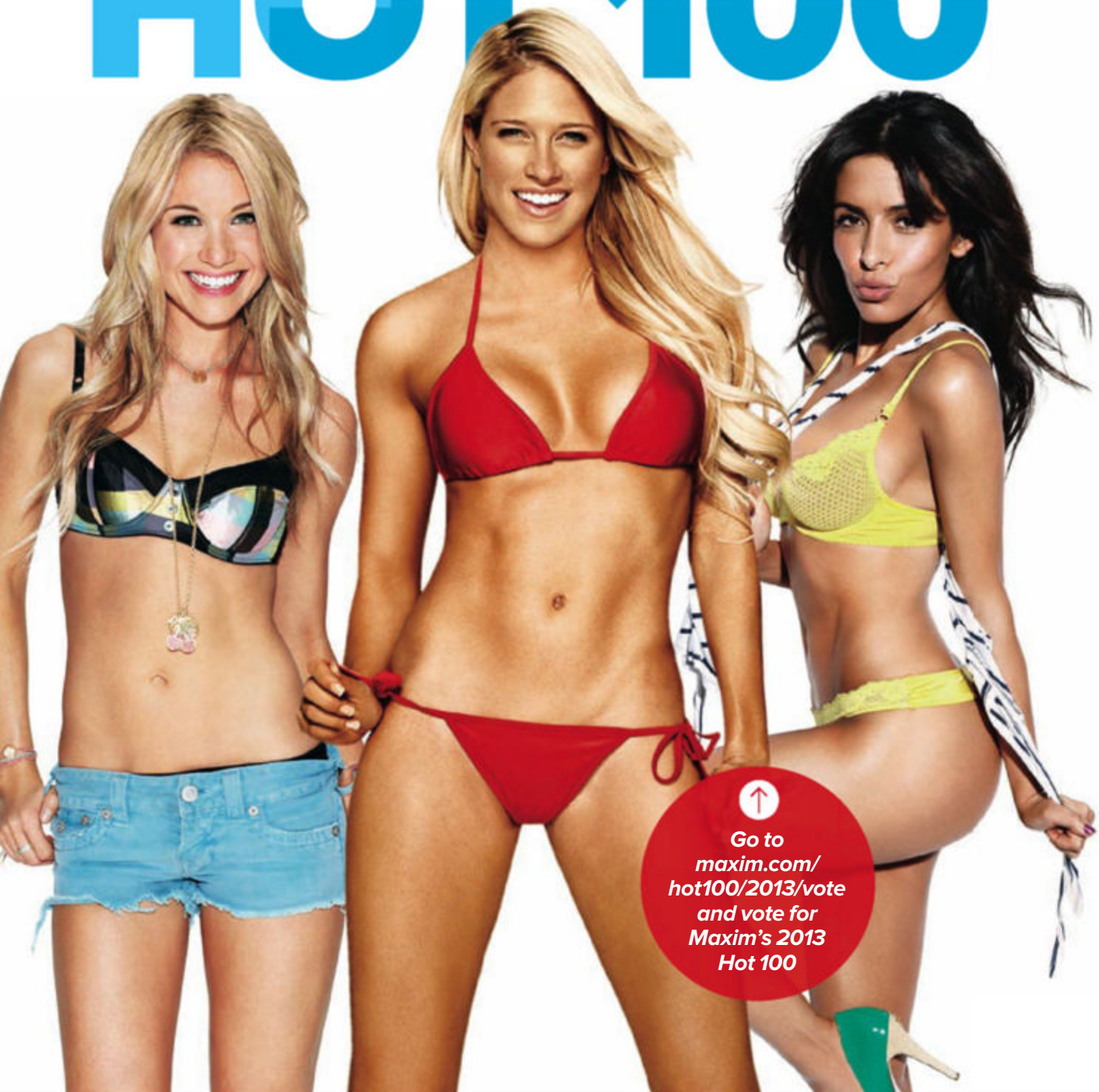
I guess every girl from Hawaii loves her butt, so it's my butt. That's why we all wear those small bottoms! ■

Check out Alana's Web series, *Alana: Surfer Girl*, at YouTube.com/NetworkA.

A full-page photograph of a woman with long, wet, blonde hair, wearing a black and blue patterned bikini. She is holding a large orange surfboard under her left arm and has her right hand behind her head. She is standing on a sandy beach with waves in the background under a clear blue sky. A yellow speech bubble in the top left corner contains text. A yellow vertical bar is on the right edge.

**"I DON'T
THINK YOU
COULD REALLY
SURF IN A
SPEEDO."**

VOTE FOR YOUR 2013 HOT 100



Go to
[maxim.com/
hot100/2013/vote](http://maxim.com/hot100/2013/vote)
and vote for
Maxim's 2013
Hot 100

Your vote will help decide who takes the #1 spot on this year's definitive list of the world's sexiest women. Democracy has never been sexier! (All apologies, George Washington.)

MAXIM



HOMETOWN
New York, NY
BIRTHDAY
September 22

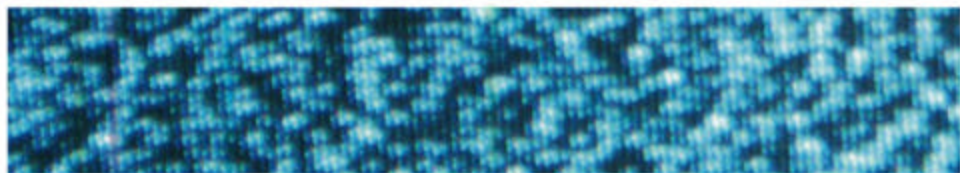


You Say You Want a Revolution?

***When Daniella Alonso,
the smokin' star of
the hit doomsday
show Revolution, is
involved, the answer
is definitely yes.***

***by LAURA LEU
photographs by BROOKE NIPAR***

If the hit TV drama *Revolution* is any indication, our post-apocalyptic world will be full of mass chaos, destruction, and lots of beautiful women who look good even without bathing for months. It's a world we can get behind, so long as Daniella Alonso, who plays militia-bombing rebel fighter Nora Clayton, shares our bunker. (We'll need a Scrabble partner.)



Your character is kind of a badass. Are you anything like her in real life?

I guess there are some similarities. I can be a nice person, but if someone is messing with someone I care about, the tougher side comes out a little more. I don't know how to build bombs, but I'm learning. We have props, and even though they're not the real thing, they walk me through it. So in a pinch I think I might be able to build a pipe bomb—a little fertilizer, a little gunpowder, a pipe, a little piece of string.

Besides chemical warfare know-how, what else do you have up your sleeve?

I've been taking martial arts for a long time. I started with tae kwon do, and then I started taking karate and mixed martial arts. Now the cast and I are studying Krav

Maga. I like it because it's a much more interesting way to get a workout, and it makes me feel more confident in any situation.

Have you ever been injured?

In class I've been knocked out cold—twice. Once with a punch to the face and the other time with a roundhouse kick to the jaw that sent me flying. But I think it's good to experience that once, because then you know what to expect, and you're not scared of getting hit. You just get right back up.

Unless you're dead from major head trauma. Did you get payback?

No, that's my one flaw. I'm so nervous about hurting anybody that when I'm working with a partner, I take it really slow and focus more on the technique than the fighting. I go for it when I get home.

I practice on my boyfriend the real way. I'm like, "Let's go. It's OK if you get hurt." I once sent him flying into the window, which was fun. It was a front snap kick, and he was holding the pads. There's a proper way to hold the pads, but I didn't tell him about that.

Before your role in *Revolution*, you played a bisexual woman on *One Tree Hill*. Was there any, ahem, preparation for that role?

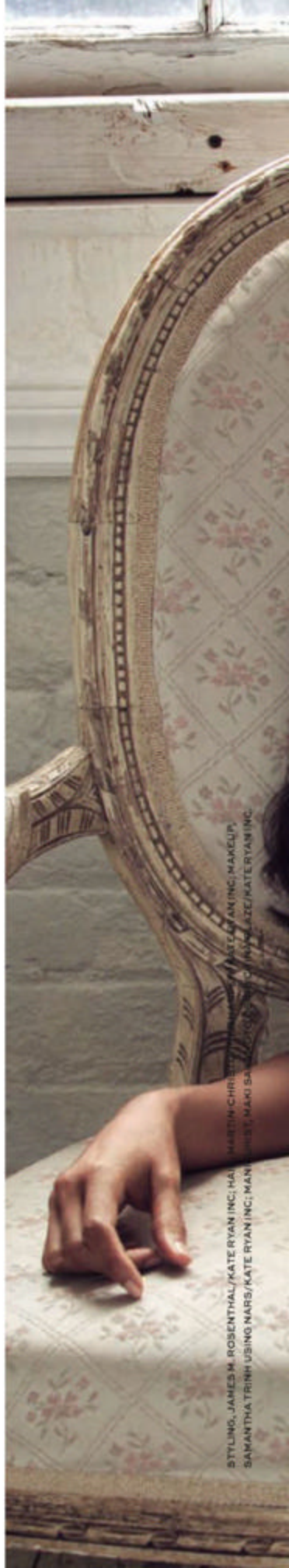
No, but you know what's funny? When I got the part, she wasn't bisexual, and halfway through the season the producers decided she would be. So the whole first half, I was playing it straight, and then they told me that the next episode I'd be coming out of the closet. I was like, "Oh, OK, that would have been nice to know." But for me personally, I like guys.

You were also in *Hood of Horror* with Snoop Dogg and Method Man. Please tell us there were on-set high jinks.

Yeah, there were. But I don't think they're legal, so maybe I shouldn't talk about it. Let's just say there was always a distinct smell in the air.

In that movie you meet an untimely end with a can of spray paint to the head. Is there an art to dying such a bizarre death on-camera?

I've died a couple of times. I died with a spray can to my head, an arrow through my eye, and a stabbing through my stomach. Not a lot of people get to die in such ridiculous ways. I don't know if there's an art to it, but I just go for it and have a lot of fun. I get pumped up and ready for that scene when it comes up. I love it. ■



STYLING: JAMES M. ROSENTHAL/KATE RYAN INC.; HAIR: MARTIN CHRIE/DAVID L. LEE; MAKEUP: KATE RYAN INC.; MANICURE: KATE RYAN INC.; NAILS: KATE RYAN INC.

**“Let’s just
say there was
always a
distinct smell
in the air
when I worked
with Snoop.”**



Lingerie
What Katie Did
Stockings
American Apparel

(opener)
Corset
Dolce & Gabbana
Panties
Huit
Stockings
American Apparel
Garter
Kiki de Montparnasse

MAXIM 16

To celebrate our 16th birthday, we asked you, our loyal readers, to pick the sexiest

Jennifer Love Hewitt
April 2012
"This pose is so hot."



Eva Longoria
January 2005
"I'm a straight female, but she's so sexy I'm thinking about jumping the fence."



Kaley Cuoco
March 2010
"This cover just screams, 'Open it and you may see what's under those shorts!'"



Alyssa Milano
March 1998
"She grew up on *Who's the Boss?* and is simply stunning."



Olivia Munn
February 2011
"She's just naturally sexy."



Mila Kunis
October 2002
"I mean, it's Mila Kunis. Come on!"



Lacey Chabert
January 2007
"Seeing her grown up and gorgeous was mind-blowing."



Christina Aguilera
January 2003
"I bought this issue when I was 11, and it's still stuck with me."



Jennifer Love Hewitt
"You wish she was the girl next door."



Kaley Cuoco
"As Prince of the Geeks, I say she's the one!"



Olivia Munn
"She has/is everything I look for in a gal."



Lacey Chabert
"Lacey ranks up there with root beer and pepperoni pizza."



Jennifer Love Hewitt
"She's sweet, cute, hot, sexy, adorable, beautiful, and stunning."



Lacey Chabert
"LACEY: Lovely And Classy Every Year."

In Your Own Words!



Jennifer Love Hewitt
"She was hot in the '90s and gets hotter and hotter every year!"

WOT 16

cover of all time. Thousands voted—now find out who was the last star standing.



Jessica Alba
"Always Alba."



Megan Fox
"She's probably the most attractive female on the planet."



Megan Fox
"Megan Fox is 100 percent pure sex."



Sarah Shahi
"She's sexy and she knows it."



Jennifer Love Hewitt
"I've lusted for her since she did that 'Workout with Barbie' video in '92."



Jessica Alba
"No one carries sexiness with as much class."



Megan Fox
July 2007
"I hung pictures from that issue on my dorm-room wall."



Jessica Simpson
January 2002
"The cleavage is mesmerizing."



Sarah Shahi
October 2012
"Have you seen The L Word?!"



Eva Mendes
February 2007
"Because when I view her cover, my computer catches on fire."



Jennifer Love Hewitt
November 1999
"Seriously, I need to explain why I picked JLH half-naked in her prime?"



Olivia Wilde
July 2009
"I thought it was an angel on that cover."



Shania Twain
June 2003
"She kicked country music up several notches."



Jessica Alba
November 2003
"She's freakin' undeniably hot."

vs.

vs.

AND
THE
WINNER
IS...

Turn the Page to
Find Out

MAXIM SWEET 16

Jennifer Love Hewitt April 2012

You've spoken (shouted, really) and declared perennial hottie Jennifer Love Hewitt's cover from April 2012 the hottest *Maxim* cover of all time!

How does it feel to be voted the sexiest cover in *Maxim*'s 16-year history?

Oh, my God, I'm so excited. I think it's really awesome. I'm such a big fan of the magazine. At 34, to be considered sexy is a big deal. [laughs] Because you start to wonder.

Do you have anything to say to the thousands of readers who chose you?

Thank you, thank you, thank you, and I promise to always keep it sexy. I want another cover! I've done four, and I think I've got a good seven covers left.

So why not make it an even eight?

I love the number eight. Let's do it.

Done! Is it weird that you beat your younger self?

It's so funny, right? For an older version to beat the younger version—that is a real feat.

So you don't feel bad for your younger self?

I don't.

As prolific as you've been, do you look to any cover girls for inspiration?

Any of the Victoria's Secret Angels inspire me.

In your interview a year ago, you noted your favorite part of your body. We're updating our records. Your favorite body part these days is...?

Still my boobs. [laughs]



ADVERTISEMENT

**AMERICA'S MOST
ELITE SPECIAL OPERATORS
COMPETE FOR THE
ULTIMATE TITLE...**



MAXIMUM 3 WARRIOR

SPONSORED BY

BLACKHAWK!
HONOR. AS A WAY OF LIFE.*

**>>> CHECK OUT THE ACTION ON: MAXIM'S XBOX 360 APP AND MAXIMUMWARRIOR.COM.
PLUS, ENTER FOR THE CHANCE TO WIN MAXIMUM WARRIOR GEAR!**

*NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED. Open to all legal U.S. residents 18 years of age or older. Sweepstakes begins January 23, 2013 and ends March 29, 2013. Odds of winning depend on the number of eligible entries received. For entry and official rules with complete entry, eligibility, prize and other details, go to www.maxim.com/mw3/sweepstakes. Sponsored by Alpha Media Group Inc.

*Maxim on Xbox 360 requires an Xbox LIVE Gold membership (sold separately).

BECOME THE

ULTIMATE



MAXIM

MAN

Fig. 1.1

More booze! More sex! And 20 other science-y secrets to living longer and stronger without becoming some kind of annoying, pain-in- the-ass health nut.

illustrations by KOREN SHADMI

1 If you sit at a computer all day, save your eyes by using the high-five test: You're too close if you can't fully extend your arm to give your monitor a high-five. Or a fist bump, if your computer's a douche.

2 To increase your metabolism, eat one teaspoon of cinnamon per day, which also helps to control blood sugar levels. Or just take two **Cinnabuns** and call us in the morning.



3 Always forgetting people's names? When you meet someone, repeat their name back to them with a "Nice to meet you." Just doing that will boost your ability to remember by 30 percent. Incorporating another sense by shaking hands will also help. Licking? Not so much.

4 After a workout, skip the Gatorade and treat yourself to a big glass of...chocolate milk. Its carbohydrate and protein content is great for tired muscles, while the water content prevents dehydration. All that calcium is just an added bonus. As is the handsome milk mustache.

By the Numbers

1
Pint of sweat that can be produced daily by each foot.

THE TOTAL PACKAGE

Why should your glutes get all the glory? Here are four exercises for the rest of your flabby anatomy.

Penis

Forget the infomercials. For a longer schlong, wrap thumb and pointer in an OK sign around the base of your lubricated semi-chub and move it up the shaft, stopping before the tip. Repeat 50 times. But beware the boner killer: a risk of nerve damage.

Tongue

Improve speech and swallowing ability with this oral push-up. Stick out your tongue and use a spoon to push down on the muscle, while simultaneously pushing back. Hold for a count of five. If your tongue gets sore, gargle with Bengay.

Face

Inhale through your nose, close your eyes tight, and scrunch up your face. Then exhale out your mouth, stick out your tongue, and roll eyes up. Repeat three times daily for supple, wrinkle-free skin punctuated with bouts of Claire Danes' crazyface.

Toes

To beef up your cute little tootsies, place 20 marbles on the floor and use your toes to pick them up, one by one. Then place them in a bowl or—if you have an opponent who is not easily grossed out by bunions—a Chinese checkers board.

5 Just a few of the disgusting foods that are very good for you: calf liver, cod liver oil, Marmite, beef brains, blood pudding. Mix them all together for a healthful stew that will give you superpowers and/or explosive diarrhea.

6 Got a cold? Don't blow your nose. It reverses the flow of mucus into the sinuses, slowing drainage. Instead, try decongestants and blowing one nostril at a time. Yes, snot rockets are good for you.

7 Sleeping one more precious hour per night makes a man just as happy as receiving a \$60,000 raise. (Note to boss: We'll still take the raise.)

8 To determine how many calories you need per day, nonathletic men (we're not pointing fingers) should multiply their weight by 12.

9 Try a cup of decaf and dial up the easy-listening station on the way to work on Monday: Statistically speaking, that's the day when you're most likely to have a heart attack.

10 No choice but to use a public rest room? **Pick the crapper closest to the door.** Shy guys prefer to be as far from the entrance as possible, meaning the closest stall has fewer bacteria (and more toilet paper).



By the Numbers

2

Years added to your life expectancy if you're sedentary less than three hours a day. Don't just blame your job, though. Keeping TV time under two hours adds another 1.4.



LIVE FOREVER! SIX TIPS TO LAST LONGER.

Dan Buettner went to Ikaria, Sardinia, and Okinawa to find out how natives live so long.

1. "You can feel good about drinking—drinkers outlive nondrinkers—but if you exceed three drinks a day, you get into negatives. And don't mix in sugar."

2. "Daily activity such as walking or manual labor is a lot better for you than running marathons or pumping iron. Those are bad long-term strategies."

3. "One thing to cut from your diet is soda. It's just sugar. In the areas I visited, they eat a fraction of the refined sugars that Americans do."

4. "In all these areas, residents eat a lot of beans and nuts. It's all right to eat meat, but the ideal amount is about five times a month."

5. "Big ups to coffee. In Ikaria they drink four to five cups a day. It's associated with lower rates of Parkinson's disease and diabetes."

6. "Being social favors longevity, so it justifies the inclination to go out every night. In Ikaria most men are sexually active into their 90s and 100s!"

I'M TRYING TO ERASE THE MENTAL IMAGE OF THAT LAST FACT.



Buettner's book, *The Blue Zones* (second ed.), is in stores now.

Maxim Tested



KING OF THE JUICE

FIVE THINGS I LEARNED FROM MY JUICE CLEANSE.

Can a diet of bourbon and wings be combated by the Jolly Green Giant's piss? A *Maxim* editor found out.

1 Juice can be stupid expensive (\$10 a bottle), but it's convenient. Ritual Wellness shipped me everything I needed for a three-day juice cleanse. Breakfast? Juice. Lunch? Juice. Dinner? Juice.

2 It's as bad as it looks (which is bad), and it packs a punch. The green juice provides about 1,000 salads' worth of nutrients (minus the Bac-O Bits).

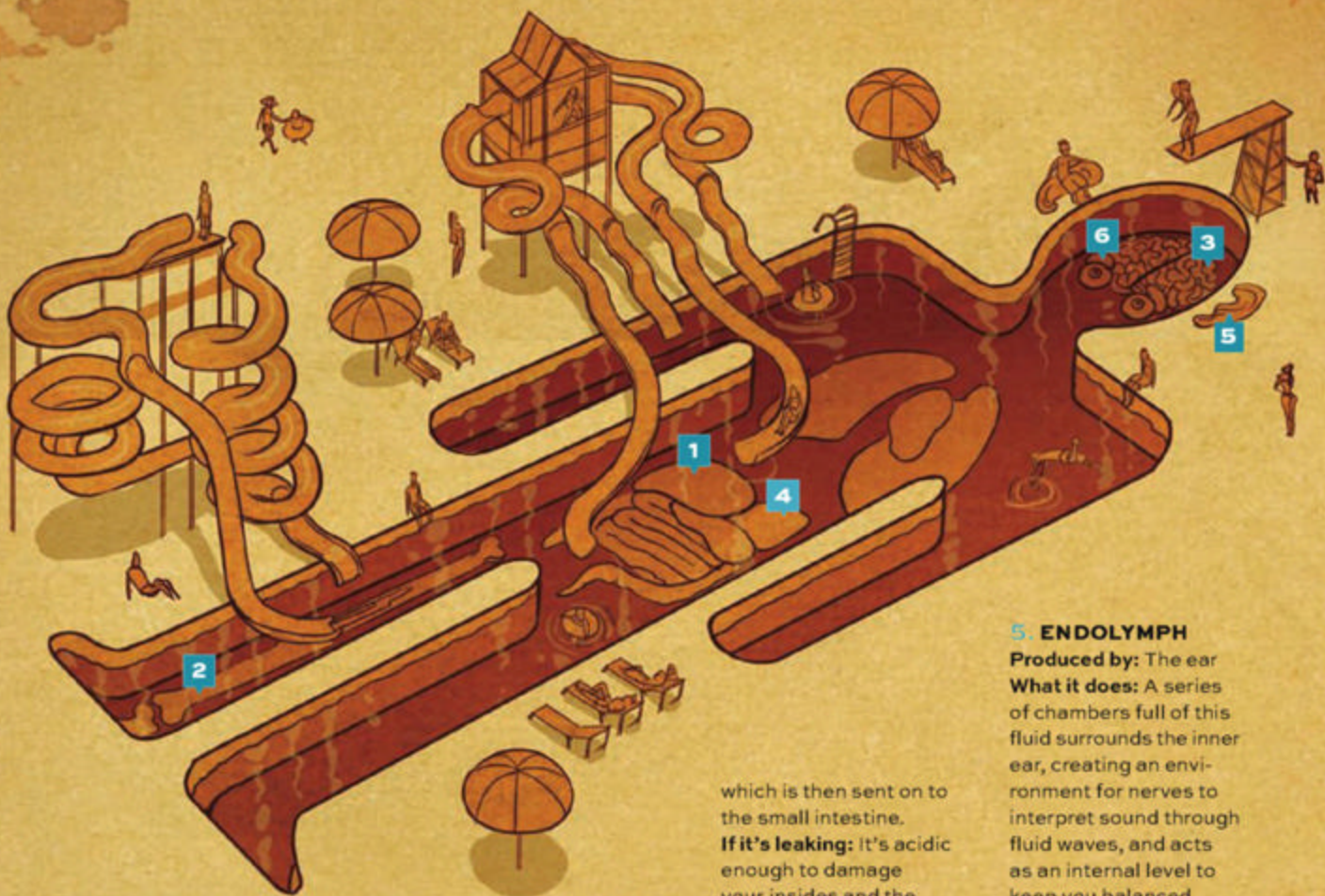
3 You'll be hungry. Over the course of a day, the Ritual Wellness cleanse provides six "juices," from green to spicy lemonade to milky nut-based concoctions. Yummy and sexy.

4 You'll be irritated. And irritating. For most of the cleanse, I was pretty crabby. Also, I wouldn't shut the hell up about it.

5 But it was worth it! I slept well, my system felt toxin-free, and I earned a license to go back to my horribly unhealthy lifestyle. —David Swanson

HUMAN WATER PARK

What the goop, goo, and gastrointestinal juices that course through your body actually do.



1. BILE

Produced by: The liver
What it does: Stored in the gallbladder, bile allows your body to digest fat.

If it's leaking: You've probably exhausted all your stomach contents in a serious barf session. On an empty stomach, the fluid that remains is typically bile and gastric juice.

2. CEREBRO-SPINAL FLUID

Produced by: The brain
What it does: Suspends your brain, protecting it from impact

and from crushing itself under its own weight (not a problem for the typical *Maxim* editor).
If it's leaking: Quick, hug a loved one. An injury where this stuff comes out of your head is bad news re: living.

3. CHYME

Produced by: The stomach
What it does: Surprisingly, your body is unable to digest 17 bratwursts in their natural state. Once stomach acid and bile hit a meal, the semiliquid goo that remains is chyme,

which is then sent on to the small intestine.
If it's leaking: It's acidic enough to damage your insides and the chances of an infection are pretty great, so please don't stab yourself in the stomach anymore.

4. BLOOD

Produced by: Bone marrow
What it does: Delivers oxygen, glucose, and disease-fighting agents to the rest of the body.
If it's leaking: You've been stabbed, shot, punched, burned, stab-punched, or even burned-shot. Blood is the first fluid to go, and your body rushes it to a wound to help the healing process.

5. ENDOLYMPH

Produced by: The ear
What it does: A series of chambers full of this fluid surrounds the inner ear, creating an environment for nerves to interpret sound through fluid waves, and acts as an internal level to keep you balanced.
If it's leaking: The stuff is toxic, and if it gets out of those chambers it will damage your ability to hear and maintain an upright position. Get back in there!

6. TEARS

Produced by: The lacrimal gland
What they do: Constantly lubricate your eyeballs. Excess occurs due to an emotional or immune response (to flush out the junk).
If they're leaking: You watched the episode where My Little Pony lost her sparkle crown.
—Jesse Bruckman

11 Light to moderate alcohol consumption helps your memory. In one study, people who consumed up to two glasses of wine a day were 45 percent less likely to develop Alzheimer's disease. However, if you drink more than that, your memory is...Wait, what were we talking about again?

12 Trim your diet by just 10 calories per day—that's an apple slice or one Pringle—to lose a pound in a year. Of course, in the case of Pringles, this is scientifically impossible as once you pop, you can't stop.

13 When it's time to remember something, breathe deeply and slowly. That switches the electrical pulses in your brain to mimic hypnagogic sleep, which makes you sharper when you wake up from a nap. Be careful not to drool.

14 Eating two slices of cheese per day cuts the risk of Type 2 diabetes by 12 percent. (Eating two slices of cheesecake may have the opposite effect.)

15 For all the wine snobs out there, avoid purple teeth with this trick from cosmetic dentist Dr. Laura Torrado: "Bite on a piece of cheese before drinking reds. The fat will create a protective layer against the dark tannins of red wine."

16 Chewing gum increases blood flow to the brain, improving your concentration...on chewing that gum.

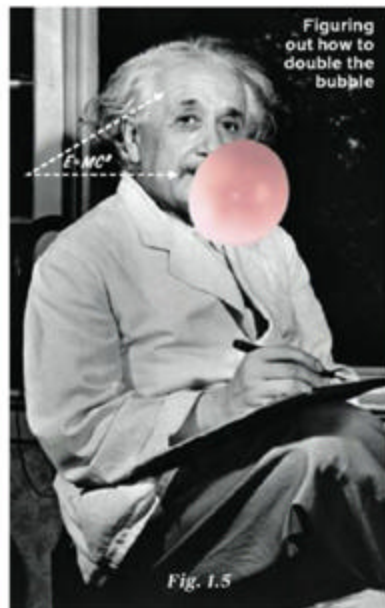


Fig. 1.5



Fig. 1.6

NIKKI SIXX'S GUIDE TO LIVING SIXX'S TIPS TO CHEAT DEATH

The Mötley Crüe legend should be dead. In fact, he *has* died. But in surviving, Nikki Sixx has learned a few lessons.

What advice would you give someone to live through what you've lived through?

- Drink water.
- Take Zoloft.
- Wear a condom.
- Use hairspray.
- Carry a knife.
- Always say yes to your girlfriend.

How are you still alive after all your brushes with death?

It's been a breeze if you compare me to Keith Richards or Lemmy from Motörhead.

How is your lifestyle different now than in Crüe's heyday?

I try to work out five days a week. I actually feel like I'm in better shape now than I was in my 20s.

What five tips would you offer to avoid the hard life altogether?

- Buy a Prius, not a Ferrari.
- Snort baby powder, not cocaine.
- Get colonics rather than mainline Jack Daniel's.
- Shower regularly.
- Meditate or masturbate daily, whether you need to or not.

Do you still drink?

No. Absolutely not.



By the
Numbers

10

Average number of times you fart a day (with or without the help of a chalupa).



PFFFT!

17 If you have trouble sleeping, move to Minneapolis, rated the best city for sleep in the country. (Residents average about 23 good nights a month.) In other words, Minneapolis is really boring.

18 A cheap way to stop snoring (see below): Tape a Ping-Pong ball to the back of your shirt. It will force you to sleep on your side, preventing your tongue and palate from narrowing the airway and making you saw logs.

19 Learn how to punch in your pin number with your elbows: A British study showed that ATMs are as riddled with bacteria as public toilets. Those ATM fees actually *are* shitty!

20 Time to celebrate: That porn addiction may actually save your life! Studies show that men who ejaculate 21 times a month have a 33 percent lower risk of prostate cancer than the average male. Wait, the average male jerks it less than 21 times a month?

NAP TIME
YOUR NEW
EXCUSES
FOR DOZING
OFF AT
WORK.

**15-20
MINUTES**


improves
alertness

**30-60
MINUTES**


enhances
recall and
memorization

**60-90
MINUTES**

improves
problem
solving



By the
Numbers



Maximum hours you should sleep. Longer than that and you are 15 percent more likely to suffer from obesity.

SNORE PATROL

FOUR THINGS I LEARNED BY
SEEKING A SNORING FIX.

Snoring does more than ruin your sex life—it can be deadly! Here's how one *Maxim* editor cured it with the help of David Volpi, M.D., of EOS Sleep in N.Y.C.

1 Not-so-hot tongue action.

As Dr. Volpi gave my head a thorough examination, he explained, "Snoring is caused by an obstruction either through your nose or mouth. What's making the noise is the tissues vibrating." Turns out the problem was my tongue, which cuts off airflow when I snooze. Dick.

strap on that measures how often I stop breathing at night. See, snoring is more than just annoying. It can be a sign of sleep apnea, a disorder characterized by abnormal pauses in breathing, which can lead to high blood pressure, heart disease, and stroke. The device revealed I have mild sleep apnea. I stopped breathing 19 times per hour!

2 I took a sleep test. Dr. Volpi gave me a device (that looks straight out of an S&M catalog) to

3 I got a mouth guard. In an attempt to end the apnea—and snoring—

Maxim
Tested



Half editor, half robot—all bottle.

Fig. 1.7

Dr. Volpi fitted me for what he calls an "oral appliance" (note: not a ball gag), which is basically a mouth guard that moves my jaw (and therefore my tongue) forward ever so slightly. Super sexy.

4 I got my girlfriend back. The oral appliance works: My girlfriend says I hardly ever snore, and a second sleep test showed that

my breathing is stopping only four times per hour. Do I like the idea of wearing a somewhat uncomfortable mouth guard every night for the rest of my life? Not really, but considering it decreases my chances of heart disease—and the chances of my girlfriend stabbing me to death in the middle of the night—it's here to stay. —Patrick Carone

CONTRIBUTORS: Jesse Brukman, Patrick Carone, Laura Leu, Mike Olson, and David Swanson

“

The hardest part of the *Anchorman* sequel will be not laughing and ruining someone else's take.

”



ICON

Steve Carell

The comedy great talks about making balls disappear and—yes!—an *Anchorman* sequel. By David Swanson



You've said, "I'm not a very fun person to talk to." Is that a warning?

I try to set the bar extremely low so I have a place to build up to.

Noted! In *The Incredible Burt Wonderstone*, you and Steve Buscemi play Vegas magicians and Jim Carrey is the new guy in town. Did you learn any magic tricks?

If you happen to have a foam ball on you, I can make it disappear. The character is basically a kid who finds magic as an outlet that makes him cool, and then he starts to think a bit too highly of himself.

How was reteaming with Carrey?

I've looked up to him for a long time. I must've been one of the first people to see *Ace Ventura* in the theater. There were three of us sitting at the matinee on opening day, and even at the first scene, we were just howling with laughter. So I was pretty intimidated when I got to work with him on *Bruce Almighty*. I mean, he is one of those guys who will go down in history as a stand-alone comic voice.

When did you know you wanted to go into comedy?

I joined an improv group in college, which was a lot of fun. After I graduated, I moved to Chicago to try to get into the Second City. It was a very fertile ground for comedy, with people like Stephen Colbert, Tina Fey, and Adam McKay. It was as much fun as you could imagine. We'd stay out till all hours of the night, sleep in the next day, and then do it all again.

Did you overlap with Chris Farley?

I actually understudied for Chris Farley. He left—maybe for *Saturday Night Live*—but he'd developed that Matt Foley inspirational-speaker character, and I had to do that on the main stage, which was one of the most humbling experiences of my life. That character doesn't work with anybody but Chris Farley. That guy was just a force of nature.

Did you have any idea how big some of your contemporaries would get?

Not really, no. Stephen I knew was going to be a big deal. As well-regarded as he is today, I don't think people realize how astoundingly talented he is. I mean, we've worked together so often, and for so long, from Second City to *The Dana Carvey Show* to *The Daily Show*.

And you guys were the Ambiguously Gay Duo on *SNL*. Did you ever audition for the show?

I never got to. After Second City, that was my dream, but I was never called in.

***The Dana Carvey Show* lasted a few episodes but has legendary status.**

There was me, Colbert, Robert Smigel, Louis CK, Charlie Kaufman, Dave Chappelle. It was like a who's who of comedy, and the odder an idea was, the better its chance of getting on the air.

Do you think the fact that you didn't explode until later in your career helped you stay grounded?

I'd like to think I wouldn't have turned into an asshole either way, but it certainly

didn't hurt that it happened later, when I was married and had kids and had my priorities in order. If it had happened in my early 20s, who knows what kind of a monster I would have turned into.

Didn't your success kind of happen all at once? Which came first, *The Office* or *The 40-Year-Old Virgin*?

I think I filmed the first few episodes of *The Office*, and they weren't sure they were going to air, and then *Virgin* came out and they renewed us. So they were pretty much back-to-back.

There was a story about you in *The New Yorker* a few years ago that talked about the "pussy-juice cocktails and shit-stained balls" line from *Virgin*. Pretty shocking!

It's interesting when a magazine as illustrious as that includes that dialogue. That was one of those scenes where I was just desperately trying not to laugh.

What's the line fans quote back to you most often?

Probably something from *Anchorman*. Either "I ate a big red candle" or "I killed a guy with a trident."

Did you have any clue that movie would become such a cult hit?

No! And we definitely had no idea we'd be doing a sequel nine years later. Shooting the first one was really the most fun I've ever had. I laughed so hard I cried at least once a day, so the hardest part of the sequel will be not laughing and ruining someone else's take. ☹

Veteran



P.F.C.
Todd Vance,
Age 19

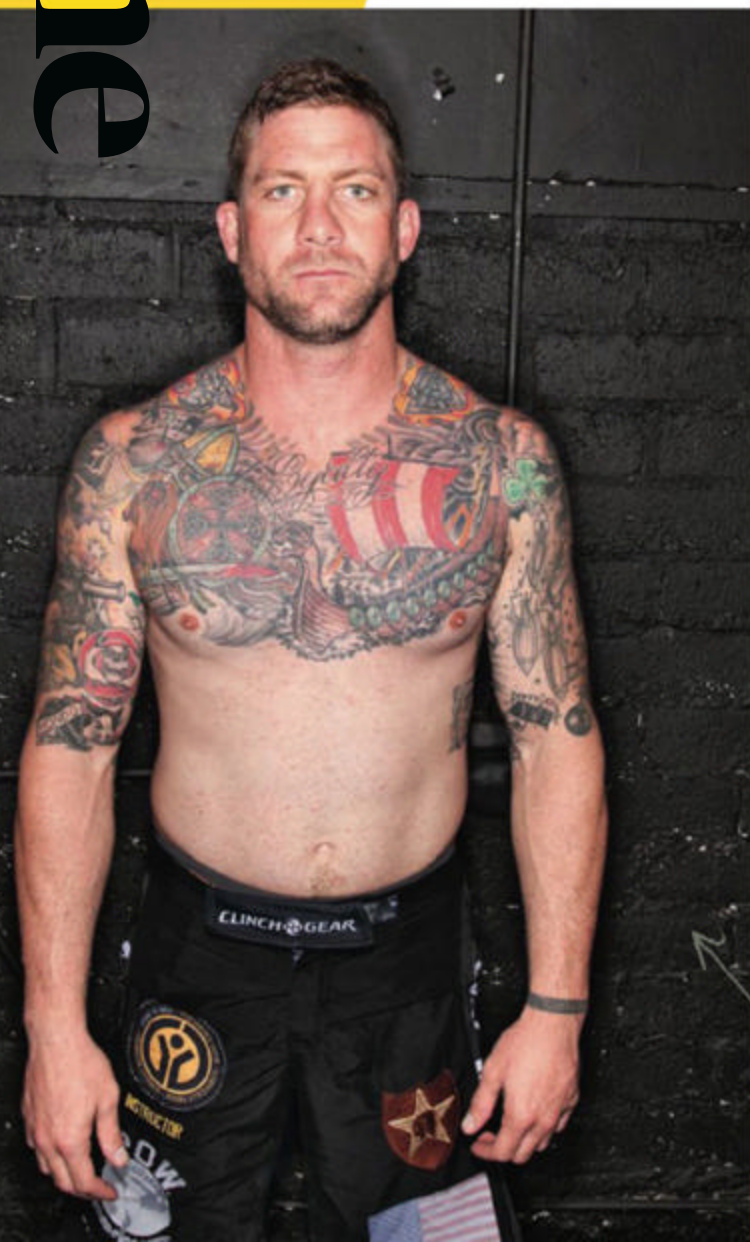
Returning troops are battling drugs and alcohol, suicidal thoughts, and prescription meds that leave them feeling like zombies. Now one pro MMA fighter is helping his fellow ex-soldiers get better—by training them to battle one another instead.

by STEVEN LECKART photographs by PETER BOHLER



It's go time

at Undisputed, a boxing gym in San Diego. Two sweat-drenched guys with necks like tree stumps are grappling on a black mat inside a 24-foot cage with a black chain-link fence. Music from Metallica's *Death Magnetic* blasts on the sound system. Grimacing, one guy breaks his adversary's guard, mounts him, and starts ramming his shin into his opponent's windpipe until the dude's face turns red. It's no secret that mixed martial arts, or MMA, is brutal. There are no head guards. No shin guards. And fewer rules than in any other organized sport where boxing gloves are not mandatory. The violence can be gruesome. Still, there's one big difference between the burly, tattooed men in front of me and basically every pro, amateur, and wannabe you'll see bleeding profusely on YouTube: These guys have killed people. Just not in a cage fight. Today I've joined a special MMA training program for military veterans. It's called Pugilistic Offensive Warrior Tactics, or P.O.W. for short. OK, technically I'm standing *outside* the cage. But even if I weren't too chickenshit to get in there, I'm off the hook. The first rule of this fight club: no civilians.



ONCE A WEEK some guy at the gym asks to train with the veterans. The answer is always the same: "No, man, it's just for us," says P.O.W.'s head coach, Todd Vance, a jacked 31-year-old covered in tattoos. A former Army infantry squad leader who fought in Iraq, Vance founded P.O.W. in July 2010 with no funding or assistance from the VA. Since then more than 100 vets have attended his free three-times-a-week classes.

More than half the P.O.W. vets have been diagnosed with posttraumatic stress disorder. A severe anxiety disorder, PTSD (once known as shell shock) is characterized by a litany of symptoms, including flashbacks, repeated nightmares, outbursts of anger, irritability, easy startling, headaches, dizziness, and "feeling like you have no future."

"This program is full of badasses," he tells me. "But they're more sensitive than freakin' contestants on *America's Next Top Model*!"

The go-to treatments at VA hospitals are psychotherapy and pharmaceuticals. Overprescribing has become so common that soldiers have taken to calling the meds "ranger candy."

What's remarkable—counterintuitive, even—is that the P.O.W. vets swear the intense, violent full-contact sport helps them cope with PTSD. In some cases, they say MMA's even more effective than the meds.

"Is the sport aggressive? Absolutely. But these guys are that way by nature. You

Todd Vance started P.O.W. in 2010 after more than 250 missions in Iraq left him battling posttraumatic stress disorder.



Vance puts the combat veterans at P.O.W. through their paces. Violence in the cage helps the vets get over the violence they saw overseas.

dinner at his grandmother's house. She put his plate of lasagna in the microwave.

"I saw it and started crying, and I threw up in the sink," he says. "How many people know what brains look like?" Vance couldn't eat lasagna for two years.

During that time his relationship with the *Dear John* girl imploded. One morning he missed a flight to go on a family vacation because he had blacked out in bed. His mom told him it was time to seek help.

When Vance first opened up to a VA therapist about combat, she responded by sobbing. So much for therapy, he thought. Along with painkillers, the VA gave him

antidepressants and anti-anxiety meds. For a month he felt seasick and disoriented. "I'd rather be an angry maniac and feel like myself," he says. So he threw away the pills, except Xanax for panic attacks. The opiate withdrawals were a nightmare. "It was like *Trainspotting*," he says. "That used to be one of my favorite movies. Now I can't watch it."

WHEN HE WAS 14, Vance was an up-and-coming pro muay Thai fighter. By 2007 he'd switched to MMA. He took the fight name Hooligan after earning a reputation for "going overboard" while bouncing at dive bars. By day he was laboring in the sun, laying concrete foundations. In the early evening he'd pound heavy bags at the gym until his knuckles were raw. "I didn't have the energy to go cause a ruckus as often," he recalls. "I didn't have that anger just festering, waiting to pop all the time. It was worked out of me."

Slowly he came out of his shell. Thanks to the GI Bill, he started college in 2008. He went back to therapy, read up on PTSD, and learned how soldiers are biologically adapted to combat. He volunteered at a VA hospital and declared social work his major. Someday, maybe, he'd find a job helping vets.

In 2010 he was working as a trainer at Undisputed and prepping for an MMA fight. He had eight weeks to train but no sparring partner. Looking around the gym, Vance spotted a muscular guy with

can't deprogram them," says MMA legend and Army vet Randy Couture. "You're dealing with a warrior mentality, a spirit that's been conditioned to tactically engage, assess an opponent's strengths and weaknesses. That's MMA to a T."

It stands to reason that combat vets would enjoy MMA. But can tossing a bunch of Rambos into an arena of aggression really be a better, let alone safer, alternative to quiet their inner demons?

THE FIRST SIGN that shit was about to go down was the sound of a vehicle accelerating. Sergeant Vance was pulling guard duty at a base in Mosul, Iraq when he spotted a truck 100 meters out, gunning straight for the gate.

By the time the smoke cleared and the machine guns ceased fire, three suicide truck bombers had attacked. The base itself was safe, but the third truck managed to detonate outside the gate, decimating a dozen U.S. soldiers.

"It's 130 degrees, and it's cooking body parts and guts on the blacktop," Vance tells me, tears welling in his eyes. "Shoveling the soup into body bags, you don't forget that it's people."

That 2004 bombing wasn't an isolated incident. Four soldiers died on Vance's first mission in Samarra, Iraq. All told, he led more than 250 missions and 75 raids in the roughest combat zones. "You're done fighting, and all you see is a pair of trousers or a piece of skull stuck against

the wall," he says. "It's like, fuck, dude, that was my best friend."

Vance enlisted in 1998 at age 17. When he was a few months shy of finishing his service, 9/11 struck, and he reenlisted. Then in 2003, while on leave, he met a girl back home. They spent two weeks falling in love before Vance redeployed. Their complicated long-distance relationship went on to inspire the bestselling novel *Dear John*, which was written by Vance's cousin Nicholas Sparks, the author of several romantic tearjerker-that-became-movies, including *The Notebook*. Channing Tatum played Vance in the 2010 film version of *Dear John*.

While he was in Iraq, Vance e-mailed with Sparks every few weeks to update him on the relationship, but he never told him, nor any other member of his family, the ghastly details of combat. Vance kept it all bottled up, worried they would see him differently.

When he got out of the Army for good and returned to San Diego in 2006, he truly was a different person, inside and out. Among the many tattoos Vance collected: a ticking time bomb and FTW (fuck the world).

For six months he went full blast, pounding Seagram's 7, picking fights, and popping painkillers. He was on the edge: Crowds, slammed doors, and aggressive body language triggered a slew of emotions in him. So did seemingly mundane things. One night Vance was late to

“We’re basically building an army. This is our new platoon, but our mission is different.”



Since their launch, Vance's free three-days-a-week workouts have drawn more than 100 combat veterans.

oceanic-themed tat sleeves. Turned out he was an ex-Navy SEAL.

One veteran saw the pair grappling in the cage, then another. Within a month seven vets had joined them. Vance intended to use the guys only as tackling dummies, but they wanted to learn. He started coaching them. After Vance won his big fight by a “vicious knee knockout” (fracturing his own shin and both feet in the process), he returned to Undisputed. The vets wanted to keep training, and he couldn’t refuse. Undisputed agreed to let Vance borrow the cage.

SHANE HANNER, one of Vance’s first students, used to be an outgoing Midwestern teenager. That was before he dropped out of college, joined the Navy in 2004, and deployed to Kuwait at the height of the war. By 2008 Hanner was out of the service and suffering from PTSD and depression. He had few friends and couldn’t keep a girlfriend. Mostly he just stayed home alone with the blinds drawn.

Counseling didn’t help. Nor did the meds: He was constantly drowsy but unable to sleep for days at a time.

His only comfort was food. Late at night he’d binge on pepperoni pizza and Ben & Jerry’s. He gained 35 pounds in six months. As a Navy petty officer, he’d earned top fitness scores. Now his 5’8” frame “looked like a bowling ball.”

After catching a UFC fight on TV, he decided to join Undisputed, where half the trainers are pro MMA fighters. For months Hanner saw Vance around the gym, but he was too intimidated to talk to the tattooed hulk—until the summer of 2010, when he noticed Vance working out

with a few guys in brown military-issue T-shirts. It was the beginnings of P.O.W.

Vance took Hanner under his wing, texting and calling him daily to get him to the gym. Vance made Hanner his sparring partner, and before long they were best friends.

“I had no problem confiding in him my darkest secrets,” recalls Hanner. “I knew he’d battled the same kind of demons.”

Within four months he had dropped 20 pounds. His social anxiety was dissipating, but Hanner wanted more: He dreamed of fighting professionally. “You already put in the hard work,” Vance told Hanner before his first jujitsu bout. “The fight is the fun part.”

Stepping into the ring, Hanner had butterflies in his stomach. When the ref blew the whistle, he struck like a cobra, locking his opponent in a choke hold. The fight was over in 30 seconds. Hanner advanced to the next round. Then another. He won five fights that day, finishing in second place.

Since then Hanner has entered six jujitsu competitions and placed at all of them. He’s also dropped another 25 pounds, sprouted a six-pack, and earned a master’s in homeland security. He hopes to graduate to pro MMA fights this year.

It almost doesn’t matter what happens in the cage. Vance has already declared his friend the winner.

“HOW DO I GET through the gate?” I fire off a text message to Vance.

It’s Veteran’s Day, and Vance is hosting a BBQ for the P.O.W. crew at a gated community in the desert, 20 miles east of San Diego. I’m running late because I stopped to buy a 12-pack of beer. Showing up empty-handed—today of all days—wouldn’t just be tacky. It would be downright un-American.

Vance texts me the four-digit code; I park and walk over to an enclosed pool and picnic area. Twenty or more guys in matching black P.O.W. T-shirts are huddled around a cluster of tables, coolers, and a grill. One of them lets me in.

At first Vance hoped all his P.O.W. students would follow Hanner’s trajectory. Most of the “OG crew” from 2010 wound up competing in jujitsu tournaments. But by 2011 word had spread about his special MMA class. Support groups like the Wounded Warrior Project and Veterans Village started sending more vets to P.O.W. Beyond PTSD and alcohol abuse cases, Vance began seeing vets hooked on heroin. Some were homeless. Several were missing limbs. At the BBQ I meet one skinny, baby-faced vet with a leg amputated below the knee. Vance has learned to tailor his MMA classes so vets with all types of disabilities can train.

Ultimately Vance realized that P.O.W. isn’t about transforming ex-soldiers into pro hopefuls. It’s about providing camaraderie. After every class the vets huddle up, place their hands together, and shout, “Brotherhood!” Many of them socialize regularly and text each other for support.

“The *Fight Club* movie references are a little played out, but we are basically building an army,” says Mike Judd, a 30-year-old former Army squad leader.



After every session, the former soldiers at P.O.W. gather, place their hands together, and shout, "Brotherhood!"

"This is our new unit. This is our new platoon. We're physically fit, we're highly trained, most of us still shoot regularly. But our mission is different."

What is their mission?

"Keep our sanity, stay out of trouble, take care of each other," he says. "That's all that matters."

JUST AS BRAD PITT'S full-contact club gave guys a reason to cut their hair short and trim their fingernails, Vance's P.O.W. veterans watch their waistlines and dial back on booze. It doesn't require them to stay sober, just un-hung-over.

"You can't be a shitbag and do this class," says Judd, who used to do "Beer Olympics," in which he'd close down a bar, grab breakfast, and then go balls-to-the-wall again at 6 A.M., when the bar reopened. At the Veteran's Day BBQ, he limited himself to three Bud Lights.

"Medication couldn't do what this class does," Judd explains to me. "It's definitely a body high."

"Once you've lived at the speed of light, it's hard to go back to 55," says Beaux Engelbert, a 29-year-old former Recon Marine with a blond mohawk who enjoys the rush of MMA.

Besides P.O.W., Vance encourages vets to try therapy and yoga. He invites a VA psychologist friend to pass out business cards; calling her direct line cuts the wait time by a month. Vance's new girlfriend, a yoga instructor, teaches free sessions at P.O.W. at least once a month. Beyond poses and postures, she shows the vets breathing techniques to alleviate anxiety.

Finding better ways to fight PTSD is a top priority for the government. During the first half of 2012, more soldiers committed suicide than died in combat in Afghanistan.

Last September the Department of Defense and the VA announced they're investing \$100 million to research new treatments for PTSD and TBI (traumatic brain injury, which results from exposure to repeated explosions). Already the VA has sanctioned alternative therapies like acupuncture, the Buddhist method of "loving-kindness meditation," and neuro-feedback treatments, in which vets monitor their own brain waves on a screen. Outside the VA, doctors are exploring even more radical approaches,

including marijuana and ecstasy.

"Nothing works for everybody. There are many alternatives. The question is the same: Where's the beef?" says Matthew Friedman, M.D., executive director of the VA's National Center for PTSD. The beef he's referring to is scientific research. "I'm not going to make a recommendation for a treatment that hasn't been validated."

Currently researchers are beginning to investigate the effects of martial arts on PTSD. In time a program like P.O.W. could be legitimized. Either way, Vance is sticking to his mission. He just needs to lock down funding to make P.O.W. his full-time job. Eventually, he envisions franchising P.O.W. across the country, but for now he just needs a bigger cage—that 24-foot one is getting crowded.

"I was a squad leader in the Army. Not having that role is boring to me," he says. "I need people counting on me." ■

SUPER TROOPERS SPORTS STARS WHO WORE STRIPES.



NAVY

ROGER STAUBACH
NFL Hall of Famer
Captain America didn't earn his nickname during his tour in Vietnam with the Navy. Rather, it refers to Staubach's leading "America's Team," the Dallas Cowboys, to five Super Bowl appearances.



ARMY

RANDY COUTURE
Six-time UFC champ
After serving six years in the military, eventually reaching the rank of sergeant in the 101st Airborne, Couture took his talents into the UFC Octagon, where he won six different championship titles.



NAVY

DAVID ROBINSON
NBA Hall of Famer
Having started his basketball career playing at the Naval Academy, and learning that his height would restrict him from active duty, the seven-footer landed at center with the San Antonio Spurs.



ARMY

ROCKY BLEIER
NFL
After being drafted by the Steelers, the fullback was drafted again—into the Army in 1968. Doctors told him he'd never play football again after suffering a leg injury in Vietnam. Rocky proved them wrong.



USMC

KEN NORTON SR.
Heavyweight boxing champion
Ken Norton began his boxing career while enlisted in the Marine Corps and finished it as one of only five people to have ever defeated Muhammad Ali in his professional career.



ARMY

PAT TILLMAN
NFL
An All-Pro safety for the Arizona Cardinals, Tillman opted to enlist in the Army following the 9/11 attacks. He was deployed to Iraq and later Afghanistan, where his life tragically ended as a result of friendly fire.

APRIL'S

BIGGEST



Case #1

Crappy Birthday to You

PRANK: Four teenage girls from Pennsylvania baked a birthday cake for a fellow student and decorated it with nature's frosting: human turds. The B-day girl ate a morsel and, unaware that the dessert came from someone's butt, brought the rest home to share with her family. Thinking it "tasted bad," they sent it to a lab, where scientists revealed that the secret ingredient was fished out of a toilet. Seconds, please!

PUNISHMENT: The mean girls got 22 months' probation and were ordered to do 200 hours of community service, cleaning bedpans at a nursing home and picking up dog shit. Which, in their case, is like foraging for food.



Case #2

Really, Really High School

PRANK: For a potluck at the University of Colorado Boulder, students Thomas Cunningham, 21, and Mary Essa, 19, allegedly punked their history class by serving up a tray of marijuana-laced brownies. Three people were hospitalized, including the professor, who experienced dizziness, blackouts, and a raging case of bongo playing.

PUNISHMENT: Cunningham and Essa were arrested and charged with 18 felonies each, including second-degree assault and conspiracy to induce consumption of a controlled substance. They now face up to 78 mellow-harshing years in prison, or 537 years in stoner time.



Case #3

Sex Bomb

PRANK: Eighteen-year-old Tyell Morton placed a blowup sex doll in a bathroom stall at his Rushville, Indiana high school. Unfortunately, school officials were unfamiliar with things you're supposed to put your dick into and called the bomb squad, thinking it was an explosive device. Well, you can explode into it...

PUNISHMENT: Morton spent five days in jail and faced a felony charge of institutional criminal mischief, but the charges were eventually dropped and his record was wiped clean in return for eight hours of community service. He and the blowup doll were married and have two beautiful half-human, half-balloon babies.

FOOLS

These real-life pranks landed the jokesters in jail, court, or hell. Enjoy the hilarity!

by LAURA LEU
illustrations by KAGAN MCLEOD



Case #4

Jesting H. Christ

PRANK: Baby Jesus was at the center of a prank at Monmouth College in Illinois when a group of sorority sisters snatched him from his manger—along with Mary, Joseph, and several stable animals—and placed the holy figures on the lawn of the school's president. Witnesses were able to describe the girls' getaway vehicle, and cops tracked them down at a nearby Taco Bell, where they fessed up to the practical joke and to cheating on their diets with way too many Chalupa Supremes.

PUNISHMENT: The perps of Kappa Kappa Gamma had to put in 25 hours of community service...and an eternity in hell.



Case #5

Supersize Hit

PRANK: Texas resident James Markle, 19, called up a McDonald's and, posing as a corporate official, convinced an employee to set off the fire suppression system. Then Markle told him that the liquid was toxic and that he needed to break all the windows "for ventilation." The worker followed orders and smashed out four windows, resulting in \$5,000 in damages and a new menu item: Glass-Shard McNuggets.

PUNISHMENT: In the eyes of the law, Markle's "prank" was considered a felonious terrorist threat, and he was sentenced to five years in prison. Something tells us this McPrankster won't be lovin' it in lockdown.

LORD OF THE GAG



Jackass' Bam Margera on how to make your friends miserable on the first of April.



Prey on Their Insecurities

"Know your prankster. Do some research on his likes and dislikes.

Like an idiot, I told the Jackass producers that I'm terrified of snakes. Which said to them: 'Let's use snakes to fuck with Bam.' So, of course, they had me fall into a pit of snakes that I couldn't get out of."

Find a Fool

"Rob Dyrdek was on Punk'd, and he caught on right away—he looked around and realized something was fishy, so you have to use a gullible friend. Also, someone who reacts to the fullest extent. One of your older relatives, e.g., your grandma or your grandpop, is always a good target."

Play It Cool

"Don't overreact. Act just as confused as the person you're pranking."

Do Your Prep Work

"My mom had checked into a hotel, and all of a sudden this gorilla comes out. It was Chris Pontius in a gorilla suit, but a gorilla trainer had taught him how to move so it would look as real as it could be. My mom was terrified, and I think my dad actually shit himself."







Burned!

The oral f***ing history
of the Comedy Central Roast



by **MARC SPITZ**
Illustration by **JOHN UELAND**



IS AS OLD AS TV ITSELF:

Take a star, one who's been around long enough to make friends and enemies; sit them in a throne; wheel in a podium and a wet bar; and remove gloves. You hit that resilient, beloved figure with hard truths, cold lies, and raw abuse. The star feels bruised and dizzy but somehow honored, and everyone walks away happy. By 2003 the old ritual was dead, but a decade on, Comedy Central's improbable modernization of the roast is now both a reliable ratings juggernaut and the greatest comedic-talent-breaking platform since the Carson-era *Tonight Show* or *Saturday Night Live*.

Still, back in the mid 1990s the mention of a "celebrity roast" brought to mind either the annual New York Friars Club Roast (fiercely private and often filthy) or the Dean Martin Celebrity Roasts (shticky, corny black-tie affairs televised on NBC in the '70s and early '80s). In other words, roasts were not hip.

Gilbert Gottfried (roaster): I watched the Dean Martin roasts. Back then mentioning a nudist colony counted as a dirty joke. Just saying something like "sleeping in the nude" was like talking about the strangest, most perverted act.

Doug Herzog (former president of Comedy Central, now president of Viacom Entertainment Group): In 1995 I'd come over to Comedy Central from MTV, where there were events like the VMAs and *Spring Break*. I thought, We need a comedy event. A one-night-only kind of thing. I grew up watching the Dean Martin roasts, so that was at the back of my mind. And living in New York, I'd sometimes attend the Friars roasts. They were filthy. Unairable. We had to figure out a way to combine the two.

A deal was brokered between Comedy Central and the Friars to broadcast the latter's annual roasts on the network. The partnership lasted a few years, skewer-

ing the likes of Drew Carey, Hugh Hefner, and Chevy Chase before Comedy Central decided to go out on its own with the inaugural Comedy Central Roast in 2003, featuring roastee Denis Leary.

Doug Herzog: Denis Leary is a gigantic fan of Dean Martin, and I think he wanted to re-create that Rat Pack vibe.

Denis Leary (roastee, producer): Once my career took off, I became friends with Dean, which was really weird. He reached out and said, "Come to my house for dinner." Still to this day it's the biggest deal to me, even though he called me a pussy for nursing a beer the entire night. Anyway, with the roasts we were gonna inject some new blood into it. The set. The music. Sort of rock'n'roll.

With Leary on board, the stars came out: Kiefer Sutherland, Elizabeth Hurley, Christopher Walken, Jon Stewart, Conan O'Brien. The dais also showcased comics from the Boston stand-up scene where Leary began: Lemmy Clarke, Nick DiPaolo, and a young Dane Cook. Jeff Garlin served as Roastmaster. The Leary roast was raw in a way the others hadn't been.

Denis Leary: The harder they hit you, the more info about them you'll break out. Comedians bust each other's balls, and I come from that neighborhood, so busting balls is everything.

Nick DiPaolo (roaster): What I found most awkward is that I'm ripping people whose careers were 40 times more successful than mine. But if you're a decent comic a roast is easy. You don't have to learn insults. It's in your DNA.

The odd mix of stars, up-and-comers, has-beens, and never-weres continued in the second roast, produced by Leary and "honoring" Jeff Foxworthy, who was coming off the Blue Collar Comedy Tour with fellow "clean" comics Bill Engvall, Ron White, and Larry the Cable Guy.

Jeff Foxworthy (roastee): They were paying me good money to do it, so I thought, Yeah, I'll let 'em roast me, and I'll give the money to charity.

Denis Leary: Jeff is a really sweet guy, and he got wind that Bill Engvall and a couple of his Blue Collar buddies were going to be on, so he seemed a little like, "Hey, this is gonna be great!" And I said, "Hang on a second. You better be prepared."

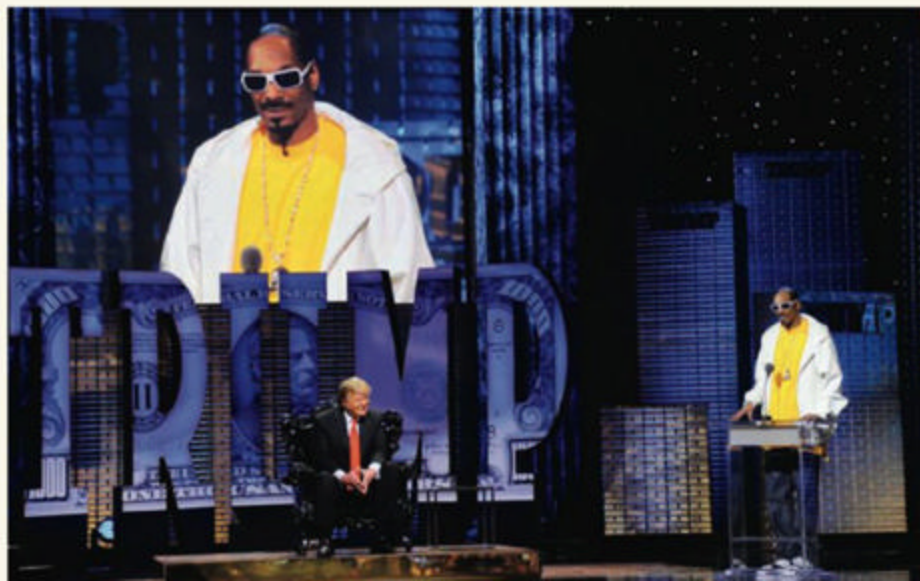
Jeff Foxworthy: Five minutes into the roast, I remember thinking, If my mother is watching this—the EMTs have her on the floor pumping her chest right now...

Bill Engvall (roastmaster, roaster): I love a good dirty joke as much as the next person, but after an hour of it? Good night! Stuff I'd be hesitant to say in a poker game with my buddies, all of a sudden people are just babbling on TV? I was sitting right next to Jeff, and I could feel his uneasiness.

Jeff Foxworthy: Ron White called my mustache "prison pussy." That would have been the one that sent my mom off the couch and into the coffee table.

Larry the Cable Guy (roaster, roastee): I don't mind dick jokes. I don't mind it if it's dirty, but if it's dirty just to be dirty...

↓ Snoop at Trump's roast: "Donald wants to run for president and move on into the White House. Why not? It wouldn't be the first time you pushed a black family out of their home."





↑ At the Hasselhoff roast, Hogan was the “dumb blonde with huge tits,” according to Pam Anderson. At his roast Sheen displayed a high tolerance for verbal abuse.



After the Foxworthy roast, production moved from New York to L.A. to honor Pamela Anderson and introduced a bigger stage and bigger stars. Herzog finally had his tent-pole event, complete with a new “Roastmaster General” in Jeff Ross and a hot mess in Courtney Love.

Anthony Jeselnik (writer, roaster): Ross is like the fucking Godfather.

Joan Rivers (roastee): I think Jeff Ross should have emerged years and years ago. He’s had a long wait.

Jeff Ross (roaster): The “Roastmaster General” was something I think Jimmy Kimmel called me first. I feel like it’s more of a nickname than a title.

Joel Gallen (executive producer and director): Courtney Love was one of the first people Pam wanted on the show; at the time they were buddies. Courtney was not an easy booking—she passed a few times.

Nick DiPaolo: She had supposedly kicked heroin, but she was sweating like Moses Malone at the foul line.

Lisa Lampanelli (roaster): I don’t drink; never have. I’m no nun. My addictions have always been food and men. But the Pam Anderson roast sucked because Courtney Love was wasted! Still, she acted like such a fool, it made CNN, and everyone watched the roast.

But with Anderson, and subsequent roastees like William Shatner, producers would learn just how far was too far.

Lisa Lampanelli: During the Pam Anderson roast, some comic went on a tirade about Pam’s vagina, and it was just not funny. There’s nothing funnier than a good

vag joke, but it went on way too long and every joke was lousy. She honestly looked like she was going to tear up, and I was so angry. I saw her look at Tommy Lee, and he mouthed to her, “Are you OK?”

Anthony Jeselnik: With Shatner, his wife had drowned, so of course I wouldn’t fucking bring that up. When Mike Tyson was on—don’t make fun of Mike’s kid who died on a treadmill. Of fucking course not. As mean as I am with these things, I never make fun of a dead kid or a dead relative.

“Comedians are comedians.
We’re comedians before we’re
Jewish or Italian or Irish or black.
We’re comedians—that’s
our family, that’s our religion.”

—JEFF ROSS

William Shatner (roastee): [Being roasted] sounds like great fun, and ultimately it is, but unless you’re set mentally and emotionally, it could have a nightmarish quality to it. It could be like a bad dream where people are poking fun at you in public. It’s not different from being in a torrid love affair—just let yourself go...

Jeff Ross: At the Shatner roast, I had some jokes about Farrah Fawcett, how I was in love with her as a kid and how I had her poster and would fantasize to her, and then I said, “But now you look like...” whatever—jokes about her being old and ugly. I get there, and she’s old, but she

looked fantastic! The 12-year-old in me came out, and I got shy and said, “I’m not calling her an old beast and an old hag. She’s gorgeous! I still want to fuck her.”

As with the Pam Anderson roast before it, the Flavor Flav roast in 2007 posed a challenge to make sure that the dais presented a good balance, both racially and sexually.

Doug Herzog: I’m always personally very conscious when we have women—it can’t be a dais full of guys. That just feels bad. Keeping a balance is important.

Jeff Ross: The Flav roast was coming off the year of the terrible Michael Richards thing, where he kept yelling the N-word in a comedy club. Racial humor was really under a microscope.

Joel Gallen: Flavor Flav’s comedic timing was so hyper at that point, and he was so nervous, that even though we worked with him on the best way to deliver a joke, I remember him laughing almost before he’d deliver the punch line. We had to work some pretty major surgery in editing.

Flavor Flav (roastee): It was only later that I realized I came from this world. I was born and raised “playing the dozens,” and honestly, my first time having a roast, I didn’t actually know what it consisted of. If I’d known it consisted of me being able to tell my own jokes and do my thing and just play the dozens? Oh, man, I would have creamed those guys. I wanna do a part two. I wanna call it Flav’s Revenge.

For the next roast, honoring Bob Saget, producers filled the stage with heavy-hitting comics like Norm Macdonald, Gottfried, Greg Giraldo, Ross, Jim



↑ Andy Dick breaks the ice with Pam Anderson and her flotation devices; Courtney Love breaks her water in a moment of complete coherence. At least Jimmy Kimmel likes it.

Norton, Susie Essman, Jon Lovitz, Sarah Silverman, Lewis Black, and the king of the insult comics, Don Rickles.

Bob Saget (roastee): I was pensive at first, wondering what factor they were going to rip apart the most. They always go after your career—or whatever lascivious behavior you're known for. But in this case I was concerned about people I've worked with. Especially the young people.

While there was no shortage of Olsen twins jokes, the highlight of Saget's roast was when pal Norm Macdonald returned, briefly, to the corny, prime-time-safe humor of a more innocent age: "You'll never be over the hill, not in the car you drive." "She may be a vegetarian, but she's still full of baloney in my book." Not everyone grasped the concept. Those who did were in tears.

Bob Saget: He made a creative choice. I talked to him the week before. I said, "Norm, what do you want to do?" and he said, "Aw, I can't make fun of my buddy. I'm just gonna tell old jokes. Really bad old jokes. Jokes from, like, 200 years ago."

Jon Lovitz (roaster): He was just doing it to be different from everybody else. "They're being as dirty as they can? I'll tell the corniest jokes possible!"

Filling the "crazy old lady" spot was Oscar-winning actress Cloris Leachman, who reminded many of her comedy cred.

Bob Saget: "I am not here to roast Bob Saget. I'm here to fuck John Stamos!" That's something you want to read under someone at Mount Rushmore, a very lovely and iconic thing.

Cloris Leachman (roaster): I didn't even know who Saget was. Or John Stamos. You

get a call from your agent—they deal with it. I show up, walk in, and read. Period. It leveled the room. It leveled me too.

The next few roasts, skewering Larry the Cable Guy, Joan Rivers, and David Hasselhoff, featured the usual mix of celebs and roast stars, including Ross, DiPaolo, Giraldo, and up-and-comers like Whitney Cummings.

Doug Herzog: No matter who it is, there are a few things you know about that person, and that will inform every joke. With Hasselhoff it's *Baywatch*...hamburgers...

Gilbert Gottfried: The Hasselhoff roast was an extra treat, not only because I could do jokes about David Hasselhoff, but, since he's beloved in Germany, I could throw in a few Holocaust jokes.

The Hasselhoff roast saw the rise of Roastmaster Seth MacFarlane. Known at that point only for Family Guy, he would emerge as the quintessential master of ceremonies (before going on to host Saturday Night Live and the 2013 Academy Awards).

Doug Herzog: He brings that Dean Martin, Rat Pack, martini, tuxedo vibe. We like to think we were his stepping stone.

Jon Lovitz: That guy is one of the most talented people ever in Hollywood.

Jonas Larsen (senior VP of Comedy Central specials): As a matter of fact, we're not only gratified, we take full credit. When Seth got the Oscars gig, I sent his manager an e-mail that said, "You're welcome."

Shortly after the Hasselhoff roast, tragedy struck with the overdose of roast regular Greg Giraldo, who'd long fought addiction.

Lisa Lampanelli: I had my issues with Greg. It's documented that Greg had serious drug and alcohol problems.

Barry Katz (talent manager): Greg was in his own battle. For him it was weird. He was a guy who was so well-respected, but for some reason, careerwise, it just wasn't happening the way it should have.

Jeff Ross: Comedians are comedians. We're comedians before we're Jewish or

"I am not here to roast Bob Saget. I'm here to fuck John Stamos!" That's something you want to read under someone at Mount Rushmore."

—BOB SAGET

Italian or Irish or black. We're comedians—that's our family, that's our religion. When you're working at the level that Greg was, a lot of people care about you. We don't get over it, but we get as close as we can by doing another roast.

Gilbert Gottfried: When I heard about Greg, I immediately tweeted "If Greg Giraldo is cremated, will that be the Greg Giraldo roast?" It seemed like a fitting tribute to a roaster. It was sad, but you had to make jokes about it anyway.

The roast of Donald Trump in 2011 saw a move back to New York City and the

biggest bomb in the show's history, courtesy of Mike "the Situation" Sorrentino.

Donald Trump (roastee): They'd approached me a number of times—and eventually I said yes. I knew what I was getting into, but I also knew that we would raise a tremendous amount of money for charity. We raised a million dollars.

Lisa Lampanelli: When the Situation went up, I was sweating like Sandusky at a Cub Scout meeting. But he's so frickin' delusional, he comes up afterward and says, "That was pretty good, right?" I said to myself, "Dude, you got booed so loud [roaster] Marlee Matlin heard it, all right?"

Joel Gallen: He just was not funny. Didn't get how to deliver a joke.

Donald Trump: I thought he was terrific, frankly. He was so uncomfortable that it really became funny. But he took a tremendous amount of abuse.

Perhaps the greatest endorsement of the Roasts' reach and power arrived later that year, courtesy of the "Warlock From Mars" himself, Charlie Sheen, who turned to the dais to neutralize his unprecedented public meltdown.

Doug Herzog: Charlie Sheen was one of the guys we asked for years who said no, so that was like roast-Christmas.

Jon Lovitz: With Charlie it was kind of like, "Roast me because I really have acted up, and I have a sense of humor about myself."

Anthony Jeselnik: Sheen was a smart guy who knew how to play it. He handled the roast perfectly.

Jonas Larsen: Almost instantaneously, his scandal went away. Once he went out and took every hit based on the spectacular five months of entertainment that he provided, it went away. It became the perfect place for him to wipe the slate clean and get on with his career.

The highlight of Sheen's roast was Patrice O'Neal, who, with more people watching than ever before, went on the attack.

Joel Gallen: We put him near the end of the show and [after getting hit] he shifted his gears and started roasting the roast. When a comedian can do that

in the moment, it's brilliant. Not everything that he said was hilarious. But it was really honest.

Amy Schumer (roaster): I was like, I'm going to bring it the hardest to him, and I'm going to say the meanest jokes I think of ("Tonight is not just the roast of Charlie Sheen; it's also a farewell party for Patrice's foot"). He was very, very proud of me and made me feel like I impressed him that night.

William Shatner: When we went out to the parking lot, I knew Patrice had diabetes, but I didn't know it was fatal. As we're waiting for the car, we start talking about life and death, and he starts to weep. And then I realized he knew how close he was to dying, and that last moment we were holding each other and crying.

O'Neal suffered a stroke a month later and passed away in November. With the loss of him and Giraldo, the roasts seemed to take a softer turn with the roast of Roseanne Barr in 2012, not necessarily for the better.

Lisa Lampanelli: I didn't like it going kinder and gentler. I thought, This is going to be a ratings stinker. And it was.

Joan Rivers: Let me just say this: Comedy is here to take the humor as far as it can go. There's no such thing as a line. If you're going to be offended, go watch *The 700 Club*. Have your laughs there. You know, Harry Truman, who I slept with, used to say, "If you can't take the heat, stay out of the kitchen." We were on top of the stove when he said it.

A decade since the Leary roast in 2003, with roasting such a known quantity that Ross now hosts his own spin-off show, The Burn, on Comedy Central, where does the Roast go next? Who will step up for the tribute and the abuse? And will an increasingly unshockable and distracted public keep tuning in?

Anthony Jeselnik: I think that [for the next roast] they're going to try to go back to the old tried-and-true, everybody-as-mean-as-possible thing. Their dream is to



BURN NOTICE

Roastmaster General
Jeff Ross' Greatest Zings



FLAVOR FLAV

"Look at you. Starving children send you 50 cents a day."



CHARLIE SHEEN

"Charlie's nostrils are so snotty and full of coke he calls them the Hilton sisters."



DAVID HASSELHOFF

"Finally, a Jew gets to roast a German! Heil Hasselhoff!"



DONALD TRUMP

"Donald and I have a lot in common. We both live in New York. We both play golf. And we both fantasize about his daughter."



BOB SAGET

"In honor of the late, great George Carlin—I do want to leave you all with another seven words you will never hear on television: 'And the Emmy goes to Bob Saget.'"



JOAN RIVERS

"Kanye's mom had a better plastic surgeon."

have George Clooney bring all his celebrity friends on and come do a roast.

Doug Herzog: We ask Howard Stern every year and he says no. He loves the roasts, but he doesn't want to do it. Then again, why do it if you're Howard Stern? Someone else we'd love is Lindsay Lohan.

Jeff Ross: When I started doing these roasts, it was like telling people I speak Latin or I'm into jousting. It was antiquated and corny. But now roasts are turning into a national pastime. I have 16-year-old kids imitating me! People are roasting each other in their backyards, at bachelor parties, at frat parties. I think these roasts are like the World Series or the Super Bowl: There are good ones and bad ones, but people remember them forever. ■

Hot Sauce





ce

CARNAL KNOWLEDGE

The Helpful Hottie

2013 Hometown Hotties finalist

JAQUILINE FISCHER

is now taking your questions.



Are girls cool with dating vegetarian guys?

—Alan Wagner

I think it's awkward if a girl orders a steak and her date gets the salad. I like beefy guys, and they don't survive on nuts and berries.

Should I tip my dog groomer?

—Nevid Andrews

I get my four dogs professionally groomed. I never tip, and the groomers don't seem to hate me...

Why do girls love dessert so much?

—Mitch Garfield

Because it's something decadent and, I think, reminds us of sex.

Why are some brands of water so expensive?

—Ted Novotny

Call me crazy, but I swear I can taste the difference. Dasani is crap, Fiji is overrated, and Evian is great—and expensive.

What are "meggings"?

—Zach Gold

They're leggings for men. I love leggings, but on men they can be a bit graphic.

PHOTOGRAPH: CARLOS NUNEZ STYLING: KRISSIE TORGERSOHN
HAIR: MARSHALL VANIERLAND/ONELUVAGENCY; MAKEUP: CARA MACCIANTI

GO TO MAXIM.COM FOR MORE

APRIL 2013 • MAXIM

87



Security Guard

We hired a new security guard, and suddenly everyone was a troublemaker!



➔ **Did you catch any suspicious outsiders trying to con their way into the office today?**

I'm more worried about the people inside *Maxim* after seeing how dangerous and naughty they are on their own!

Yeah, there was a lot of bad behavior on display. There definitely was—

shame on you, *Maxim*! I caught one guy checking out girls on Instagram, another employee stealing a bottle of tequila...I had to administer quite a few spankings.

Harsh!

Trust me, those guys deserved the whippings they got. I'm not saying the whole staff was out of control. There were just a

⬅ **11 A.M.** That shirt color is a crime in 37 states.

⬇ **2 P.M.** "I'm guilty too!" shouted every single person in the office.



⬇ **4 P.M.** Bringing new meaning to "N.Y.C.'s finest."



few bad seeds. Some guys spent the whole day concentrating on their computers and didn't even notice me.

What was your best peacekeeping weapon?

Actually, I'd have to say my uniform. It's comfortable and commands much more attention than the outfits regular police officers have to wear.

RÉSUMÉ



NAME
Muriel

BIRTHDAY
December 26

HOMETOWN
Cartagena, Colombia

GUILTY PLEASURE
"Candle wax. Can I say that?"

DREAM DATE
"Snuggling up with hot chocolate and cheesecake and watching a movie."



⬆ **6 P.M.** A firm supporter of the stop-and-frisk tactic.

By the end of the day, did the guys respect your authority?

Of course—it's the power of the cleavage.

Do you get into trouble when you're off-duty?

No, I'm a good girl. I take care of my dog, buy things for the house, and cook for my boyfriend. As you can see, my sadistic side comes out only at work!

My safe word is
“Don’t stop!”
It can get pretty
confusing.



So You Want to Go to a Sex Party

Get ready to ditch your bros—
and your clothes—this weekend.

by STEPHANIE RADVAN



At some point in a young man’s life, his interests turn from bowling parties to sex parties. Both involve sticking your fingers into something, but one is a lot more elusive than the other. Real-life swinger couple and fetish party hosts Raul Estrella “Squirtman” and Natasha Starr clue you in to what really happens once the pants come off.

HOW TO SCORE AN INVITE

The first thing you should know before typing “Where the sex parties at?” into Google is that the people in that community call them “swinger” or “fetish” parties. “Once your key words are correct, many sites will pop up,” says Starr. “Miss Lola’s House, Sexxy Mofo, and Kasidie are my favorites.”

But here’s the catch: It turns out a guy attending a sex party alone is just as creepy as a guy partying anywhere by himself. Most of these adult-only events are for couples, though there are exceptions. “A few groups, like ‘NY Swingers Parties,’ specialize in throwing events for women who like to be gangbanged,” explains Estrella. “They’ll limit how many come in to ensure a good ratio of guys to girls.”

Starr goes, ahem, deeper. “There are a few Yahoo groups where swingers and lifestyle people can

meet, which will give you the chance to connect with a kinky lady.” If you say you’re coming as a couple, some of the higher-end clubs may even ask you to send pictures for approval, just to ensure that you’re not paying a girl to go with you. And, hey, if the only person who’s game to accompany you is your office golf buddy, there’s nothing that a wig and a little lip gloss can’t fix!

Also, don’t worry about missing these fetish fests if you have to go visit your parents one weekend. Even in smaller cities, you can find a party at least once a month if you do your homework. NASCA International, an association of services related to the swingers community, maintains a database of X-rated happenings in every state and around the world. So whether you’re in Kansas or New Zealand, there’s something—and someone—to do.

YOU’RE IN. NOW WHAT?

Most parties play out like a visit to any nightclub, with the only big difference being that there’s a private area for sex. “The dance floor is also way friendlier,” says Starr. “We call it the Touchy-Feely Club.” That’s also what our creepy uncle calls his basement.

Be aware that there are a few golden rules: no pic-



Piñata-whacking tonight!

tures or recordings, ever, and respect the ladies, because they’re the ones in charge. “Women start all the play, even when it’s between couples,” explains Estrella. Finally, the pressure is off of you!

In terms of the dress code, girls are encouraged to dress as sexy as possible. “Short dresses with no panties, fetish wear, leather and lace are all great,” says Starr. “Men should go for nice jeans, a button-down shirt, and a pair of dress shoes,” adds Estrella. But don’t bother putting too much thought into it—it’s all going to come off, anyway.

When it comes to the action, the hosts are usually the icebreakers. “We’ll start playing with each other in the main room,

then invite a couple into the private rooms with us,” says Starr. What’s in those boink rooms? Supersize beds, sex swings, show-ers, and even hot tubs.

Sometimes things get even freakier. “We attended a lady’s 40th birthday party where she wanted to have sex with 40 guys,” says Starr. “And BDSM nights with whips and chains get wild.” Starr also recalled her and Estrella’s joint bachelorette/bachelor party.

“It was all real swingers, not porn stars, in a hotel suite. We filmed it and put it up on our Web site,” she says. “But that’s nothing exceptional. What’s crazy to some is normal to others.” We can only imagine what their honeymoon was like.

Credits



p.4: Telford, Jeremy Telford/Rex Features; Hasselhoff and Hogan, Kevin Winter/Getty Images **p.8:** Hager, Paul Archuleta/FilmMagic **p.14:** Jeremy Telford/Rex Features (2); Parker, AP Photo **p.16:** Female, iStockphoto; lifesaver, Svitlana Pavzyuk/iStockphoto; hammer, iStockphoto; yoga mat, iStockphoto **p.17:** Palicki, Nino Muñoz; *G.I. Joe: Retaliation*, Jaimie Trueblood/courtesy Paramount Pictures; Williams, Conor McDonnell/Splash News; Karen O, Mark Metcalfe/Getty Images; *Game of Thrones*, Helen Sloan/HBO/ Everett Collection **p.18:** Nina

Agdal, Pichichi/Splash News **p.20:** Alcindor, Bettmann/Corbis; Laettner, John Bieber/Sports Illustrated/Getty Images **p.22:** Meet Rack, courtesy Jim Anderson **p.24:** Brick wall, iStockphoto; mime, Renee Keith/Getty Images; GPS, Keith Tsuji/iStockphoto; peanut butter, iStockphoto; Kim and Kanye, wenn.com; *Apocalypse*, Walt Disney Co./Everett Collection **p.25:** Elchiyev, David Mdzinarishvili/Reuters; Trump, Jeff J. Mitchell/Getty Images **p.28:** Hunter-Reay, Ron Bijlsma/zumapress.com **p.30:** Woman holding breast implants, Alix Minde/Corbis **p.31:** Wade, Chris Trotman/Getty Images; brain, iStockphoto **p.33:** Condoms,

iStockphoto (2); Christie, Mel Evans/AP Photo **pp.34-35:** *Shaun of the Dead*, Rogue Pictures/ Everett Collection; dirt, iStockphoto **pp.64-69:** Cinnamon bun, Judy Unger/Alamy; bathroom stall, Rommel Canlas/Shutterstock; Dan Buettner, Adam Bettcher/Getty Images; yoga body, iStockphoto; Einstein, AFP/Getty Images; bubble, iStockphoto; Nikki Sixx, Mick Hutson/Getty Images; Road Runner, Warner Bros./Everett Collection; *Rain Man*, United Artists/Everett Collection; MacGyver, Paramount Television/Everett Collection **p.70:** Carell, Jake Chessum/Trunk Archive **p.77:** Roger Staubach, Focus on Sport/

Getty Images; David Robinson, Eric Gay/AP Photo; Randy Couture, Jon Kopaloff/Getty Images; Rocky Bleier, NFL Photos/AP Photo; Ken Norton Sr., Focus on Sport/Getty Images; Pat Tillman, John McDonough/Icon SMI **pp.78-79:** Margera, Michael Tran/FilmMagic; snake, Martin Harvey/Getty Images; gorilla, moodboard/Alamy **pp.80-85:** Flavor Flav, Adam Orchon/Everett Collection; Giraldo, Michael Tran/FilmMagic; Leary, Scott Gries/Getty Images; Ross, Jason LaVeris/FilmMagic; Dick, Jason Merritt/FilmMagic; Gottfried, Frank Micelotta/ImageDirect; Macdonald, Michael Tran/FilmMagic; Lange, Michael Tran/FilmMagic; Hasselhoff, Kevin Winter/Getty Images; Anderson, Chris Polk/FilmMagic; Saget, Alberto E. Rodriguez/Getty Images for Comedy Central; Lampanelli, Kristian Dowling/Getty Images; O'Neal, Jason LaVeris/Getty Images; Cummings, Mark Davis/PictureGroup Oswalt, Kevin Winter/Getty Images; Lovitz, Michael Tran/FilmMagic; Snoop Dogg and Trump, Andrew H. Walker/Getty Images; Hasselhoff and Hogan, Kevin Winter/Getty Images; Sheen, Vince Bucci/PictureGroup; Dick and Anderson, Jeff Kravitz/FilmMagic; Love, Chris Polk/FilmMagic; Ross, Jeff Kravitz/FilmMagic; Flavor Flav, Adam Orchon/Everett Collection; Charlie Sheen, Joshua Hill Photography; Hasselhoff, Ian White; Joan Rivers, Jason LaVeris/FilmMagic; Bob Saget, Cindy Ord/Getty Images

MAXIM (ISSN 1092-9789) Volume 17, Number 3 is published 10 times annually by Alpha Media Publishing, Inc., 415 Madison Avenue, 3rd Floor, New York, NY 10017, Tel. 212-302-2626. • Periodicals postage paid at New York, NY, and at additional mailing offices. POSTMASTER: Send change of address to: Maxim, P.O. Box 420234, Palm Coast, FL 32142-0234. One-year subscription rates: for U.S., \$24.97; for Canada, \$34.97; for all other countries, \$54.97 in prepaid U.S. funds. Canadian GST Registration #140467846, Publications Agreement number 40031590. Return Undeliverable Canadian Addresses to P.O. Box 503, RPO West Beaver Creek, Richmond Hill, ON L4B 4R6. We sometimes make our subscriber list available to companies that sell goods and services by mail that we believe would interest our readers. If you would rather not receive such mailings, please send us a note with your current mailing label or address to: Maxim Customer Service, P.O. Box 420235, Palm Coast, FL 32142-0235.

ADVERTISEMENT

MAXIM BUYER'S EDGE



CREATE AMAZING SHIRTS!

Make custom shirts for your event or team with our fun & easy Design Lab. Name-brand apparel and 40,000+ images. **FREE** Shipping & **FREE** design help 7 days/week. Save \$10 on 6 or more shirts with voucher code: maxim13 (expires 7/31/13)

855-871-0314

customink.com/maxim



FOR STRENGTH & ENDURANCE

Grip Pro Trainer effectively increases finger-hand-forearm strength. Has a natural feel, is easy to use anytime/anywhere. Eliminates the uneven workout of spring exercisers & is more dynamic than grip balls. 3 levels of difficulty: 30lb, 40lb, or 50lb of resistance. \$7.95 or try all 3 for \$19.95.

866.574.GRIP

GripProTrainer.com



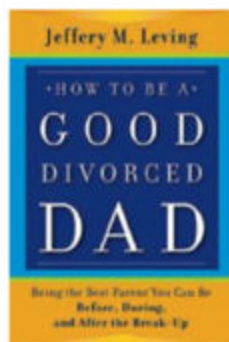
SLINGSHOTSHIRTS.COM

1000's of Super Hero, Rock & Roll, Hip Hop, and Classic TV show T-Shirts available. Featuring Tees by Junk Food! Use Coupon Code MAX and receive 10% off your order

SlingShotTshirts.com

LEGAL HELP FOR DIVORCED DADS

The leading authority on fathers' rights, Attorney Jeffery M. Leving presents a definitive resource for ALL divorced, separated and single dads! Visit: DadsRights.com 312-807-3990



BACK HAIR SOLVED

Hot girls hate back hair. Shave your back hair with the award winning Razorba® Back Hair Shaver. It's do-it-yourself, fast, easy, painless, and inexpensive. Never wax again. New power model now available!

10% Off Code: TINYBIKINI22

Razorba.com



COLSENKEANE

In a sea of cookie cutter accessories, ColsenKeane leathersmiths handcraft head-turning bags/cases you'll consider heirlooms. Hand-stitched beefy aged hide meets artisanship: GUARANTEED FOR LIFE. American made leather goods for the vintage-minded in the digital age.

704.750.9887

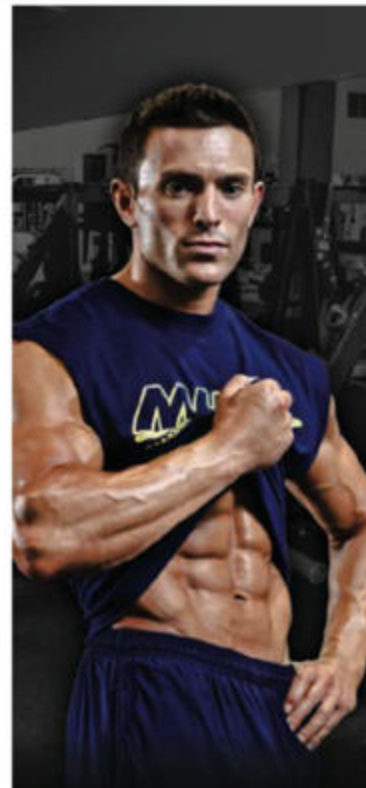
ColsenKeane.com



Add 2" inches in adjustable height

HEIGHT INCREASING INSOLES

LiftKits is the premier brand of shoe lifts for today's modern man. Add .5" to 2" inches of height in the shoes you already own. Use code MAXAPR13 for 20% off. Money Back Guarantee. From \$26.99 MyLiftKits.com



THE PROOF IS IN THE PUDDING!

- 30g PROTEIN
- SUGAR FREE
- LOW CARB
- LACTOSE FREE
- ONLY 190 CALORIES



MHP
MAXIMUM HUMAN PERFORMANCE

1.888.783.8844

www.MHPSTRONG.com

GNC the Vitamin Shoppe

VITAMIN WORLD BODY BUILDING

© 2013 Maximum Human Performance, LLC. All rights reserved. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat or prevent any disease. Your results may vary.

ADVERTISEMENT

MAXIM BUYER'S EDGE



SUMO LOUNGE - URBAN LOUNGE GEAR

Offering top quality bean bags at affordable prices and free shipping on all orders. Choose from four fabrics, Nylon, Microsuede, Corduroy & Ultimate-Fur. Up to \$100 off of competitor pricing.

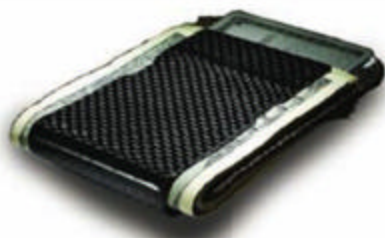
Call Toll Free: 866.340.7866 SumoLounge.com



GUT CUT AND WRECKING BALLS

Gut Cut is the hottest new extreme fat burner to inhibit fat/carb absorption, reduce appetite, and more! Wrecking Balls is the leading natural product in boosting testosterone. Each bottle is a 30 day supply for \$19.95 at:

888.698.6603 (9am-5pm) VigorLabs.com



THE ZCLIP

The last money clip or wallet you will ever buy! Lighter than paper, stronger than steel, and guaranteed forever, the RFID blocking carbon fiber ZCLIP is the ultimate money clip. Credit card wallet included.

1-877-75ZCLIP

www.zclip.com



SUKI LEATHER BRACELETS AND NECKLACES

Handsome braided leather available in many styles and sizes. Lightweight alloy clasps with ultra-strong magnets. Sterling silver necklace beads.

\$30 to \$50 Made in USA

suki-usa.com



GET 5.5" TALLER NOW!

Height increasing shoes can make you 5.5" taller instantly. Hidden heel technology, just look like normal footwear. 100+ styles, from \$49.99.

888.220.6808

IncreasingShoes.com

THE LANDYACHTZ DINGHY

The Dinghy has been a favorite for years. Overhauled for 2013 it comes in six graphics, two shapes, has soft-top griptape and a kick tail. Compact and agile, check it out online!!

778-785-6855

Landyachtz.com



MOVING GEARS YOU CAN WEAR!

Interactive jewelry for men and women. The Kinekt Gear Ring is made from high quality matte surgical stainless steel. It features micro-precision gears that turn in unison when the outer rims are spun. Lifetime Warranty. Free Shipping.

Watch the video at

www.kinektdesign.com

888.600.8494



DIVE BAR T-SHIRTS

Join the club and receive a new T-shirt every month from the best bars you've never heard of!

DiveBarShirtClub.com



ROCKABILIA.COM

With over 80,000 items to choose from, Rockabilia.com offers the largest selection of music merchandise you will find on the web. To request a free 120-page catalog, visit our website or call 952.556.1121

Rockabilia.com



CHECK YOUR KICKS!

Transport your footwear in style with the Klitch! Going to the gym, practice, or a game with extra cleats/sneakers? No more dirt in bags, tangled laces, or smelly shoes! Free up your

hands and Klitch your shoes to the outside of your bag! 10 colors to choose from! 10% off use promo code "max"!

TheKlitch.com



HARD OR SOFT THIS EASTER?

We're talking chocolate, right? Add some spice this Easter with awesome underwear and swimwear from Cocksox®! Unique sexy style and high tech fabric for the ultimate in male comfort. Everything from briefs, boxers, thongs and sling shots to swimwear and tank tops. Sweet.

cocksox.com

ADVERTISEMENT

MAXIM MARKET

To advertise, please contact Media People Inc. at
203.278.7607 or maxim@mediapeople.com

PowerBlock®

Replaces up to
55 pairs of
dumbbells
in the space
of just 1 pair.

DUMBBELLS • KETTLEBELLS • BARBELLS



Call or click for free brochure
800-446-5218 | powerblock.com

Great Job. Great Pay.

Become an **Insurance
Claims Adjuster**

Train in the comfort of your own home for this exciting, high-income career. You will learn to investigate, research and negotiate settlements for insurance claims due to injury, illness, fire, accident and severe weather.

This career offers a great income and lots of flexibility. Set your own schedule and work from home, with no start-up costs!

**Earn up to
\$55,000
a year!***

- Train at home
- Be ready to work in as little as 4 months
- Nationally accredited
- Tuition discount for eligible military & their spouses
- Military education benefits & MyCAA approved

**Get FREE Facts!
Contact Us Today:**

1-800-388-8765 Dept. **MXMB2A33**

www.uscieducation.com/MXM33

U.S. Career Institute®, Dept. MXMB2A33
2001 Lowe Street, Fort Collins, CO 80525

*Celebrating over 30 years
of education excellence!*

*with experience, based on figures from U.S. Dept. of Labor's BLS website

ED11

10 TOP CIGARS + HUMIDOR \$29^{99*}

(*157 value)



Top-Shelf Glasstop Humidor Combo

If you like handmade cigars, you're gonna love Cigars International! To prove it, I've compiled a sampler with 10 of the finest cigars in the world plus a FREE glasstop humidor for one super-low introductory price: instead of the normal retail of \$157, my offer to you is just \$29^{99*}. I'm betting once you receive these outstanding cigars, together with our free 108-page cigar catalog, you'll become a lifetime customer. Now that's an offer you can't refuse! *Limited time offer. One per customer please.*

Includes 1 each of: Toraño • Gurkha • CAO
La Gloria Cubana • Cohiba • Macanudo
Punch • Hoyo de Monterrey • Graycliff • Garo
(From time to time a substitution may occur based on availability.)



1-888-244-2790 mention code **SAZ38**
www.CigarsIntl.com/SAZ38

You must enter complete web address for special offer

*At Cigars International, we only sell our products to adults who meet the legal age requirement to purchase tobacco products. If you are not of the legal age to purchase tobacco products, please do not enter our site. For more information on how we age verify, please see www.cigarsinternational.com/ageverify.

* Plus \$4⁹⁵ shipping and handling.
One per customer please.
* Pennsylvania residents add 6% tax —
remittance of any taxes on orders shipped outside of PA is the responsibility of the
purchaser. Offer expires 5-31-13.

Code: **SAZ38** Item# **SP-CA27**

Name _____
Address _____
City/State/Zip _____
Daytime Phone () _____
Email _____
Signature _____ Birth Date _____
(I certify that I am 21 yrs or older)

Payment: ☐ Check (*34th enclosed) ☐ Visa ☐ MC ☐ Amex ☐ Discover
Card # _____ Exp _____

CIGARS INTERNATIONAL 1911 Spillman Drive • Bethlehem, PA 18015

ADVERTISEMENT

MAXIM MARKET

To advertise, please contact Media People Inc. at
203.278.7607 or maxim@mediapeople.com

ATHENA PHEROMONES™



Add to your Favorite Scent

GET MORE AFFECTION from WOMEN

Published studies prove Biologist's formulas work
Developed by Dr. Winnifred Cutler, **co-discoverer** of human pheromones in 1986. Unscented fragrance additives, 10X for men \$99.50 and 10-13 for women \$98.50 should last 4-6 months.

Larry (NY) "This stuff is like catnip. Too many women come after me. I am looking for a woman my own age, but the 10X attracts them all."

Jerry (ND) 10X reorder: "I was like a magnet. Women kept coming up to me. This one blonde came from across the room and said 'Hi! I just wanted to meet you and introduce myself!'"

FREE US SHIPPING.
Scan QR code with Smart Phone



Not in stores. Call: 610-827-2200
or order online at
www.athenainstitute.com

LEGALSTEROIDS.COM

D-BOL®

(Methandrostenolone)



The most popular oral currently used today! Very effective when stacked with Winni-V during "bulking cycles". Extremely powerful!

1 bottle \$79.95 • Buy 3 Get 1 Free!

100% Money Back Guarantee!
CALL US OR VISIT OUR WEBSITE FOR REFUND POLICY

No Prescription Required To Order!

WINNI-V®

(Cyclostanazol)



Incredible Gains! Excellent when used in cutting cycles due to low water retention. Gains are reported very solid and well maintained when discontinued.

1 bottle \$79.95 • Buy 3 Get 1 Free!

LIQUID ANODROL®

(Drostanolone)



Extremely potent liquid Transdermal MASS formula designed to completely bypass digestion. Users report enormous gains when stacked with D-BOL and WINNI-V during Building Cycles.

1 bottle \$109.95 • Buy 3 Get 1 Free!

FAST DISCRETE DELIVERY!
1-888-256-6785

VISA, MasterCard, Discover, American Express

A Rose for Love!



Your message on a real rose preserved in 24kt gold or platinum.

www.loveisarose.com
630.393.1111

BUY THE REAL VIAGRA

VIAGRA®

Cialis® LEVITRA®

PROPECIA, STAXYN AND MORE MEDICATIONS

- FDA-Approved Medications
- U.S. Owned & Operated Since 1998
- U.S. Physicians & Pharmacies

FREE
Medical Review
Included
[Call Now](#)

HABLAMOS ESPAÑOL

VIA MEDIC®

SAFE • SECURE • DISCREET

WWW.VIAMEDIC.COM

800-891-7455



ACCREDITED BUSINESS
BBB Rating A+



Katherine Heigl

Who would've thought the girl who portrayed an alien-human hybrid on the WB's *Roswell* (we still miss that former network's dancing frog) would become one of Hollywood's hugest stars? Ranging from dude-friendly flicks like *Knocked Up* (why did she sleep with Seth Rogen, again?) to rom-coms (*27 Dresses*) and TV shows (*Grey's Anatomy*) you'd only watch with a gun to your head, she will not be tied down to one genre. Catch her opposite some up-and-comer named Robert De Niro in this month's *The Big Wedding*.



If you like peanut butter and chocolate,
you'll love peanut butter and **SNICKERS**.
Try **SNICKERS**® Peanut Butter Squared.
Chocolate, peanuts, nougat, caramel and peanut butter.



GUCCI GUILTY BLACK

View the new episode directed by Frank Miller at www.youtube.com/gucciparfums

Available at Macy's and Macys.com



THE NEW FRAGRANCE FOR HIM